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Seminar: Unlock the imaginary world of song within the reality of the performance space

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## EW VENUE! EXCEL LONDON • FRIDAY 18 – SUNDAY 20 MARCH 2016

## FRIDAY 18 MARCH 2016

10.30-11.15 **Beginners Ballet with RAD**  Style: Ballet

Level: Beginner

A class for individuals confident with basic ballet terminology and technique who are looking to improve their ballet performance.

Presented by: Royal Academy of Dance

**DANCE CLASS** 

10.30-11.15 **#CARIBBEANCRUSH**  Style: World

Level: Open

Work up a sweat to the sounds of Dancehall, Soca and Afrobeats! This class fuses African and Caribbean foundation steps with new skool moves.

Presented by: Niquelle LaTouche Arts

**DANCE CLASS** 

### **Ballroom with Thomas Michael Voss** 10.30-11.15

Style: Ballroom, Latin & Swing

Level: Onen

Fix up your two left feet with a lively and fun class from Thomas Michael Voss who will guide you through the basic steps of your favourite ballroom and Latin styles. No partner required...

Presented by: Thomas Michael Voss

DANCE CLASS: THE HARLEQUIN BALLROOM =

#### 10.30-11.15 **Street Dance & Freestyle**

Style: Hip Hop & Street

Level: Intermediate

Get inside street dance with this fun and lively class. Learn street dance routines and then apply your new knowledge to freestyle circles. A lead artist with lots of assistant artists will help you create you fresh new moves.

Presented by: National Association of Teachers of Dancing

= DANCE CLASS =

#### 10.30-11.15 **Inspired by Bugsy Malone**

**Style: Musical Theatre** 

**Level: Under 16s** 

This energetic class involves a fun exploration of the choreography of Bugsy Malone. Learn fresh, new repertoire from CAPA Juniors' Bugsy Malone.

**DANCE CLASS** 

### 10.30-11.30 **Bollywood Fusion**

Style: World

**Level: Professional** 

A Bollywood fusion class with Sapnay: one of London's leading Bollywood dance schools.

Presented by: Sapnay

Presented by: CAPA College

■ MOVE IT PRO MASTERCLASS: HARLEOUIN MASTERCLASS STUDIO ■

#### 10.45-11.30 Zumba® with Virgin Active

**Style: Fitness** 

Level: Open

What better way to start your day than with a lively, energetic Zumba® class? Once the Latin and world rhythms take over, you'll see why Zumba® fitness classes are often called exercise in disguise.

Presented by: Virgin Active

■ DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2 ■

#### 10.45-11.30 **Contemporary with B-Hybrid Dance**

**Style: Contemporary** 

**Level: Intermediate** 

A contemporary class focused on control, self-expression and individuality. The class will use elements of cross-floor exercises, release technique and Flying Low. This is a fast paced class, ideal for experienced dancers looking to build on their technique.

Presented by: B-Hybrid Dance

**DANCE CLASS** Level: Intermediate

#### 10.45-11.30 **Commercial with Performers College**

Style: Hip Hop & Street

A high energy commercial class suitable for experienced dancers to looking to improve their technique. Taught by David Anderson, who has extensive experience on stage and screen with credits including Thriller, X Factor, Lily Allen, Oli Murs, Mark Ronson and more.

Presented by: Performers College

DANCE CLASS

#### 10.45-11.30 **Prepare your Audition Song**

**Style: Voice** 

Level: Open

Revered performing arts academy Urdang will share tips and know-how on how to present your musical theatre song at audition.

Presented by: Urdang

**PERFORMING ARTS WORKSHOP** 

### 10.45-11.30 **Getting into Dance College**

### **Style: Vocational Training**

Level: Open

This seminar is BRAND new for 2016 and will give you top tips from some of the top vocational training colleges. Listen to the likes of Janet Smith, principal of Northern School of Contemporary Dance and other leading vocational schools. Learn what it takes to get into vocational dance training and how to pick the right one for you.

Presented by: Northern School of Contemporary Dance, London School of Contemporary Dance and others

MOVE IT PRO SEMINAR =

### 11.30-12.15 **Performance Technique for Under 16s**

**Style: Commercial** 

**Level: Under 16s** 

Under I6s will learn and perform a fierce, energetic and exciting commercial routine to chart-topping tracks. Enhance your performance technique with Donna-Marie Santangeli of Funkstar Dance.

Presented by: Funkstar Dance







# THE UK'S **BIGGEST** EVENT FOR DANCE AND THE PERFORMING ARTS **MOVEITDANCE.CO.UK** #MOVEIT2016 @ MOVEITSHOW

NEW VENUE! EXCEL LONDON - FRIDAY 18 - SUNDAY 20 MARCH 2016

## FRIDAY 18 MARCH 2016

### 11.30-12.15 Contemporary with Dan-i and Sia

**Style: Contemporary** 

Level: Intermediate

Got to Dance finalists Dan-i and Sia (season 5) will teach a contemporary class in their signature movement style as seen throughout their success on the show. This is a creative class that will involve building a choreographic sequence. Suitable for experienced dancers looking for a creative challenge.

Presented by: Dan-i & Sia

### 11.30-12.15 Bhangra & Bollywood with Aashiyana Arts

Style: World

Level: Open

Amazing Bollywood and Bhangra dance workshop led by Sohan Kailey and Aruna Kailey of Aashiyana Arts. Experience dynamic moves, upbeat music and a musical dance journey bringing you the vibrant cultures of India through dance. Participants will take away moves and ideas that they can incorporate within any genre of their own dance repertoire.

Presented by: Aashiyana Arts

**DANCE CLASS: THE HARLEQUIN BALLROOM** 

### 11.30-12.15 Audition Preparation

**Style: Audition Preparation** 

Level: Onen

Urdang Academy is offering students the chance to learn audition techniques and find out how to prepare themselves for an upcoming audition. Perfect for students that are about to embark on a performance career at a vocational dance college.

Presented by: Urdang 

DANCE CLASS =

11.30-12.15 Acrobatrix Style: Hip Hop & Street Level: Intermediate

Noticed unusual flips and martial arts tricks in popular routines lately? Many of these are from parkour (free-running) and tricking (acro with martial arts kicks). This workshop will teach you achievable tricks with flow and grace to enhance your dance repertoire. You'll leave with skills that make you a stand out performer with a physical edge! No acrobatic experience needed. Try something new #danceontheedge

Presented by: Parkour Dance Company

DANCE CLASS =

### 11.45-12.30 Ballet Workshop with LSC

Style: Ballet

Level: Intermediate

A ballet workshop with a contemporary feel, fusing traditional classical technique with modern choreography.

Presented by: London Studio Centre

**LONDON STUDIO CENTRE STUDIO 2** 

### 11.45-12.30 Waacking with House of Absolute

Style: Hip Hop & Street

Level: Open

What does it mean to waack, to punk, to pose, to Garbot? This fun and upbeat class will teach you the fundamentals of the dance style that is widely known as 'waacking', born through the 70's disco music era. This fast-paced class by House of Absolute's founder Julia Cheng will take you through footwork, arm control and how to get down to the music!

Presented by: House of Absolute

### 11.45-12.30 Commercial Jazz for Pre-vocational Training Students

Style: Commercial

**Level: Intermediate** 

The hugely popular and award winning teacher Stuart Hayes (Head of Dance, Masters Performing Arts) returns to MOVE IT to teach a high energy commercial jazz class. Participants will have the opportunity to win two VIP passes for the Masters Performing Arts Easter Course. Class suitable for dancers aged I4+.

Presented by: Masters Performing Arts

**DANCE CLASS** 

### 11.45-12.30 Getting into Drama School

### **Style: Vocational Training**

Level: Open

'Getting into Drama School' is a sell-out workshop by READ College. Industry experts will give top tips on how to find the drama school of your choice and successfully apply.

Presented by: READ College

■ MOVE IT PRO SEMINAR ■

### 11.45-12.45 Audition Skills with Hofesh Shechter Company

### **Style: Audition Preparation**

Level: Professional

Get a taste of how Hofesh Shechter Company leads an audition, with an improvisation warmup followed by skill building and repertoire. Please note: Hofesh Shechter Company is not currently recruiting new dancers. Individual feedback will not be possible.

Presented by: Hofesh Shechter Company

MOVE IT PRO MASTERCLASS: HARLEQUIN MASTERCLASS STUDIO =

## 12.30-13.15 Ballet Technique with Bath Dance College

**Style: Ballet** 

Level: Open pallet to

Bath Dance College present an open level ballet technique class giving a practical insight into ballet. Fun and accessible for everyone from those new to ballet to born-ballerinas.

Presented by: Bath Dance College (BDC)

= DANCE CLASS =

12.30-13.15 CIZE™ LIVE Style: Fitness Level: Beginner

It's dance. It's sweat. It's the future of exerCIZE! CIZE™ LIVE is built to break-down professionally choreographed dance routines to inspire participants to step up their dance game and confidence!

Presented by: Beachbody LIVE







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NEW VENUE! EXCEL LONDON • FRIDAY 18 – SUNDAY 20 MARCH 2016

## FRIDAY 18 MARCH 2016

### 12.30-13.15 Jono Kitchen does Hot Heels

**Style: Commercial** 

Level: Open

Box Artist Management presents Jono Kitchen HOT HEELS. Inspired by the videos of Kazaky, Madonna and Lady Gaga, 'Hot Heels' is a commercial dance class for guys and girls wearing – you guessed it – HEELS. The higher the better! This is the ONLY dance class of its kind in the UK, so whether you're a professional dancer or just a show-off, Hot Heels is the perfect class to improve your core stability as well as your strut. Just bring yourself and your heels and get ready to WERK!

Presented by: Jono Kitchen, on behalf of Box Artist Management

**DANCE CLASS: THE HARLEQUIN BALLROOM** 

### 12.30-13.15 Contemporary with Ryan Jenkins

**Style: Contemporary** 

**Level: Intermediate** 

Dance Mums' choreographer Ryan Jenkins will be teaching all the moves you've seen on the TV! Fun, dynamic and energising contemporary routine which will light your passion for performance.

Presented by: Ryan Jenkins

DANCE CLASS

### 12.30-13.15 Razzamataz Street Dance

Style: Hip Hop & Street

Level: Under 16s

Learn fun new moves in this street dance class aimed at young dancers (under I6s). Energetic and enjoyable for everyone, Razzamataz promises to boost confidence in a funky and vibrant way.

Presented by: Razzamataz Theatre Schools

**DANCE CLASS** 

### 12.45-13.30 Contemporary with Cascade Dance

**Style: Contemporary** 

Level: Open

Sam Blackden will teach contemporary dance rooted in the Cunningham technique, combined with his own unique and expressive style. Class will be accompanied by a live percussionist.

Presented by: Cascade Dance

■ DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2 ■

### 12.45-13.30 GCSE & A-Level Repertoire with RAD

**Style: Vocational Training** 

Level: Open

This class is suitable for anyone wanting to pursue the arts or dance in higher education. In this workshop you will develop critical skills related to performance and choreography whilst working with a dance professional from the Royal Academy of Dance.

Presented by: Royal Academy of Dance

DANCE CLASS =

### 12.45-13.30 Nightclub Survival

Style: Hip Hop & Street

Level: Open

Learn amazing hip hop dance social dances that you can bust out on the dance floor or at any time and anywhere! From the Bart Man to the Cabbage Patch - if you have a desire to express yourself and have fun then this is for you. All ages and experiences welcome.

Presented by: B-Better DANCE CLASS =

### 12.45-13.30 Essential Improvisation

**Style: Acting** 

Level: Open

An introduction to improvisation with The Improvisation Academy. Led by key figures in the 'London Improv' scene, this class guarantees to build your confidence, enable you to relax on stage and create better relationships with the audience. Come along and watch your fears melt away.

Presented by: Improvisation Academy

\*PERFORMING ARTS WORKSHOP \*

### 12.45-13.30 Life in the West End

**Style: Careers in Dance** 

Level: Open

Hear insights into the day in the life of a West End performer in this seminar led by an elite West End performer.

Presented by: Urdang

= MOVE IT PRO SEMINAR =

## 13.00-14.00 Contemporary with Phoenix Dance Theatre

**Style: Contemporary** 

Level: Professional

Phoenix Dance Theatre is the longest standing contemporary dance company outside of London, having recently celebrated their 35th anniversary. In this class you'll learn the company's outstanding signature style of contemporary dance.

Presented by: Phoenix Dance Theatre

**MOVE IT PRO MASTERCLASS: HARLEQUIN MASTERCLASS STUDIO =** 

### 13.30-14.15 Commercial Contemporary/Lyrical

**Style: Commercial** 

Level: Advanced

Join Thomas Ashton for this advanced level class that will combine commercial choreography, isolations, contemporary dance and lyrical flow.

Presented by: LIPA 

DANCE CLASS =

### 13.30-14.15 Dancehall with Cindy Claes

Style: Dancehall

Level: Beginner

Experience the intricate technique and creative choreography of Dancehall; the Jamaican street dance form. Dancers will be introduced to freestyling techniques in a fun and creative way.

Presented by: Cindy Claes Productions







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NEW VENUE! EXCEL LONDON • FRIDAY 18 - SUNDAY 20 MARCH 2016

## FRIDAY 18 MARCH 2016

13.30-14.15 Lyrical Jazz with Tiffany Theatre College

Style: Jazz

Level: Intermediate

Calling all lyrical jazz dancers! This class is ideal for experienced dancers looking to expand their knowledge of this style with an emphasis on performance and movement quality.

Presented by: Tiffany Theatre College

DANCE CLASS: THE HARLEQUIN BALLROOM =

13.30-14.15 Hairspray Repertoire

Style: Musical Theatre

Level: Open

Learn repertoire inspired by the West End musical 'Hairspray' in this fabulous musical theatre dance class.

Presented by: Urdang

13.30-14.15 Krump with Godson

Style: Hip Hop & Street

Level: Open

**DANCE CLASS** 

Godson... Proud member of Boy Blue Entertainment, one of the creators of K.R.U.M.P (MIJO), finalist of Got To Dance 2013/14, dance captain and performer at the London 2012 Olympic opening ceremony. He has previously danced with celebrities such as FKA Twigs, Tinie Tempah, Plan B, Joey Badass, Maverick Sabre, Bonkaz and Rita Ora! Don't miss this chance to join Godson for a krump class open to all ages and abilities.

Presented by: Theo Godson (Boy Blue Entertainment)

**DANCE CLASS** 

13.45-14.30 Music Video Workshop with LSC

Style: Commercial

Level: Open

Learn the hottest routines from your favourite artists in this commercial dance music video workshop, taught by an industry professional who has worked with some of the biggest names in music, from TV to arena tours.

Presented by: London Studio Centre

■ DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2 ■

13.45-14.30 Bokwa Fitness

Style: Fitness

Level: Open

Bokwa is a new and completely different approach to group cardio exercise that is increasing in popularity every day. Participants use shapes combined with an energising routine to create an addictive workout.

Presented by: Bokwa Fitness

13.45-14.30 Hip Hop Street Jazz with Broadway Dance Centre (NYC)

Style: Hip Hop & Street

Level: Open

The highly revered Broadway Dance Centre (New York) lead this advanced class in hip hop/street dance taught by one of the leading members of their faculty.

Presented by: Broadway Dance Centre

= DANCE CLASS =

13.45-14.30 Physical Theatre & Movement

Style: Acting

Level: Open

Actor Seamus Allen will show you how to move in this engaging, practical workshop. Learn how to convey a story using hand gestures, body language, thought track and many more physical features. The workshop will also cover an audition setup to show you how you can use your physicality practically.

Presented by: READ College

= PERFORMING ARTS WORKSHOP =

### 13.45-14.30 Make your Dance Studio Stand Out

**Style: Business of Dance** 

**Level: Teachers** 

From financing your studio, making sure it's properly equipped, to promoting safe and healthy dance. This seminar will be jam packed with essential industry-leading knowledge on making your dance studio stand out.

Presented by: Harlequin Floors

**MOVE IT PRO SEMINAR =** 

### 14.15-15.15 Audition Skills with Flawless

## **Style: Audition Preparation**

Level: Professional

Flawless offer this once in a lifetime opportunity to experience a commercial street dance audition. Come prepared to pick up choreography and find out how to present yourself so that you stand out from the crowd. Please note: Flawless is not currently recruiting new dancers. Individual feedback will not be possible.

Presented by: Flawless

MOVE IT PRO MASTERCLASS: HARLEQUIN MASTERCLASS STUDIO =

### 14.30-15.15 Zumba Kids with Fab 'n' Funky

Style: Fitness

Level: Under 16s

Zumba Kids classes are high-energy fitness parties for young people. Have fun, get dance-fit, raise self-confidence and improve coordination. This class is open to dancers under the age of 16.

Presented by: Fab 'n' Funky (Dancers UK)

**DANCE CLASS** 

### 4.30-15.15 House with Caramel Soldier

**Style: House** 

Level: Open

Join #CaramelSolider for a house class like no other! You will learn foundation house steps and intricate combos. Explore the beauty and freedom of freestyling whilst learning fancy footwork. Vibe with your body and express yourself with soul! Caramel has vast amounts of performing and teaching experience internationally and has trained with legendary house masters from New York. All levels and ages welcome.

Presented by: Caramel Soldier







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NEW VENUE! EXCEL LONDON • FRIDAY 18 - SUNDAY 20 MARCH 2016

## FRIDAY 18 MARCH 2016

14.30-15.15 Burlesque Showgirl

Style: Burlesque

Level: Onen

In this introductory class led by FlirtynotDirty you'll learn all the basic moves of burlesque including beautiful, elegant showgirl moves. This class uses small props including gloves, garters and small fans to introduce you to burlesque.

Presented by: FlirtynotDirty Cabaret incorporating the Burlesque

DANCE CLASS: THE HARLEQUIN BALLROOM =

14.30-15.15 Commercial Jazz with Sway Dance

**Style: Commercial** 

Level: Open

A commercial jazz class that will bring out your inner diva whilst building your technique. Sway Dance will boost your confidence and give you an insight into this very popular style of dance.

Presented by: Sway Dance

14.30-15.15 Commercial with Wilkes Academy

**Style: Commercial** 

Level: Intermediate

Experience the most popular commercial dance styles on the stage and screen today. In the class you'll pick up a fun and highly skilled routine in an atmosphere that is friendly and supportive. Wilkes Academy will be scouting in this class.

Presented by: Wilkes Academy

14.45-15.30 Contact Improvisation with Motionhouse

Style: Contemporary

Level: Intermediate

A fantastic opportunity to develop your contact and partnering skills. Motionhouse dancer and teacher Claire Benson will push you physically and mentally when it comes to lifting and being lifted by a partner. This is a professional development workshop for those who are interested in choreography and new skill development. Partner not required.

Presented by: Motionhouse

■ DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2 ■

14.45-15.30 Contemporary with A(r)CT

Style: Contemporary

Level: Open

A playful improvisation class featuring floorwork, Flying Low and Release dance techniques. All experience levels are welcome in this class where you'll have the chance to explore your movement quality and dynamic range.

Presented by: A(r)CT = DANCE CLASS =

14.45-15.30 AfroDancehall with Ilanga Gal Dem

Style: Dancehall

Level: Open

AfroDancehall combines the traditional beats and movements from Africa with the swag and energy of the Jamaican Dancehall scene. The style is an exotic cocktail of dance which brings energy, fun and fierceness to any dance class.

Presented by: Ilanga Gal Dem

14.45-15.30 Essential Acting: Devising Presented by Ali James

Style: Acting

Level: Open

This is a one-off chance to learn how to produce stories and characters from scratch, build personal confidence and improve instant connections with other performers. Ali James is a key member of the acting department at Masters Performing Arts. Mentored by Mike McShane (Who's Line is it Anyway), Ali has taken part in the annual London 50 hour Improvathon and performed at the Edinburgh Fringe Festival. Class suitable for performers aged 14+.

Presented by: Masters Performing Arts

PERFORMING ARTS WORKSHOP =

14.45-15.30 Optimise your Training & Performance

**Style: Health & Injury Prevention** 

Level: Open

In this seminar you'll learn how small changes can improve your technique, performance, teaching and longevity in dance. The panel of speakers will include the artistic director of Elmhurst School for Dance, an ex-Birmingham Royal Ballet principal dancer and the artistic director of Phoenix Dance Theatre.

Presented by: Safe In Dance International, National Institute of Dance Medicine and Science & Dance UK

**= MOVE IT PRO SEMINAR =** 

15.30-16.15 Pungra Fit Style: World Level: Intermediate

Pungra Fit is a modern take on Bhangra. This dynamic dance fitness class will draw on authentic Bhangra dance vocabulary and high energy music. PungraFit's creator will lead this high intensity and accessible dance workout. Great for all levels, from beginners to the mega fit.

Presented by: Pungra Fit

15.30-16.15 Hip Hop & Contemporary Fusion with Flashart

Style: Hip Hop & Street

DANCE CLASS =

Level: Open

Flashart offer an insight into their unique style, utilising elements of hip hop and contemporary dance to create dynamic and energetic choreography to electronic music.

Presented by: Flashart

**DANCE CLASS** 

15.30-16.15 American Jazz with TGS

Style: Jazz

Level: Open

TGS offer a high energy American style jazz class that will appeal to those looking to have fun whilst learning technique based choreography.

Presented by: TGS

**DANCE CLASS: THE HARLEQUIN BALLROOM** 







## THE UK'S **biggest** event for dance and the performing arts MOVEITDANCE.CO.UK #MOVEIT2016 @@@ MOVEITSHOW

W VENUE! EXCEL LONDON - FRIDAY 18 - SUNDAY 20 MARCH 2016

## FRIDAY 18 MARCH 2016

15.30-16.15 **Bellydance with Darkstar**  Style: World

Level: Open

Achieve rock stardom as Darkstar Dance give you a full throttle class to the greatest rock music around. Full of tricks to killer riffs, belly dance technique with a few cheeky steps and sassy hip combinations. Be sure to bring along your rock star vibes!

Presented by: Darkstar Dance

= DANCE CLASS =

Flashdance Repertoire with PPA 15.30-16.15

**Style: Musical Theatre** 

**Level: Advanced** 

Learn an exciting excerpt from PPA's recent production of Flashdance the musical, directed by Chris Howell.

Presented by: Performance Preparation Academy (PPA)

**DANCE CLASS** 

15.30-16.30 **Tap Attack for Teachers**  **Style: Musical Theatre** 

**Level: Teachers** 

Tap Attack is offering teachers the chance to learn from record-breaking tap dancer and creative director Jo Scanlan. Jo will offer advanced technical training, tips and tricks to pass on to your students. Invigorate your classes with a new perspective on tap.

Presented by: Tap Attack

• MOVE IT PRO MASTERCLASS: HARLEOUIN MASTERCLASS STUDIO •

15.45-16.30 **Contemporary Ballet**  **Style: Contemporary** 

Level: Open

Learn a solo from Chantry Dance Company's contemporary ballet, 'Vincent - A Stranger to Himself' based on the life of Vincent Van Gogh.

Presented by: Chantry School of Contemporary & Balletic Arts

**DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2** 

#### 15.45-16.30 **Commercial with The Big Act**

**Style: Commercial** 

Level: Open

The Big Act present a commercial class taught by Ross Sands, who is currently on tour with FKA Twigs. Ross will explore how commercial dance is used in many of the recent musical theatre shows and how commercial dancers can be versatile with their skills.

Presented by: The Big Act

**DANCE CLASS** 

### 15.45-16.30 **Locking with Rowdy**

Style: Hip Hop & Street

Level: Open

Look back to the foundations of locking with Rowdy. This energetic and interactive class will include colourful character work and creative choreography. Be sure to bring your funky vibes with you!

Presented by: Passion&Purpose

**DANCE CLASS** 

#### 15.45-16.30 **Musical Theatre Singing Workshop**

**Style: Voice** 

Level: Open

Learn essential vocal strengthening skills and understand your voice with Jo Noel-Hartley, artistic director of JAM Theatre. Learn from the professionals and discover how to stand out from the crowd in this competitive industry.

Presented by: JAM Theatre

**PERFORMING ARTS WORKSHOP** 

#### 15.45-16.30 **Audition with Confidence**

**Style: Audition Preparation** 

Level: Open

Join Hofesh Schecter Company, Flawless and other leading industry guests in this inspirational seminar. You'll discover top tips on auditioning across the performing arts and banish your nerves for good!

Presented by: Hofesh Schecter Company, Flawless & The Bridge Theatre Training

**= MOVE IT PRO SEMINAR =** 

#### 16.30-17.15 **Zumba with the Townsend Twins**

Style: Fitness

Level: Open

A Zumba class with a modern twist! Expect fun, current music with lots of energetic vibes.

Presented by: Townsend Twins

■ DANCE CLASS ■

#### 16.30-17.15 **Contemporary with Covewear**

**Style: Contemporary** 

**Level: Advanced** 

A lyrical/contemporary class drawing on dancers' self-expression and individual experiences. Push your technical ability whilst exploring emotional states to generate deeply personal and intense choreography.

Presented by: Covewear = DANCE CLASS =

### 16.30-17.15 **Jazz with MyDivalution**

Style: Jazz

Level: Open

Evolve your strength, technique and style with DIVALUTION! Taking inspiration from stars such as Beyonce, Rihanna, Madonna, Tina and Marilyn, this jazz class is guaranteed to bring out your fierce nature!

Presented by: MyDivalution

DANCE CLASS: THE HARLEQUIN BALLROOM =

#### 16.30-17.15 **Danceaid presents Hip Hop**

Style: Hip Hop & Street

Level: Open

Danceaid present one of their patrons in this fun hip hop class for all ages and levels.

Presented by: Danceaid







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NEW VENUE! EXCEL LONDON • FRIDAY 18 - SUNDAY 20 MARCH 2016

## FRIDAY 18 MARCH 2016

16.30-17.15 Inspired by West Side Story

**Style: Musical Theatre** 

Level: Open

**DANCE CLASS** 

Learn repertoire inspired by West End musical 'West Side Story' in this musical theatre dance class with Urdang.

Presented by: Urdang

16.45-17.30 Tap with LSC Style: Tap Level: Intermediate

An upbeat and lively tap class led by a renowned industry professional and regular London Studio Centre teacher. Learn theatrical tap routines straight out of your favourite Broadway and West End shows.

Presented by: London Studio Centre

**DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2 =** 

16.45-17.30 Yoga for dancers with Virgin Active

Style: Fitness

Level: Open

The class is based on flowing yoga sequences specific to what dancers' bodies need, connecting breath to movement to leave participants feeling energised with a sense of calm motivation.

Presented by: Virgin Active

16.45-17.30 ReggaeRobics

**Style: Fitness** 

Level: Open

Reggae Aerobics is a fun, energising, unique class that uses dance moves from the Carribean, reggae music and fused with traditional aerobics with plenty of waistline movement! Reggae Aerobics fuses fun and fitness - if you love to dance and have not tried this class yet you don't know what you're missing! #waistlinemovement

Presented by: ReggaeRobics 

DANCE CLASS =

16.45-17.30 Mastering Physical Comedy

Style: Acting

Level: Open

To follow in the footsteps of great comedic actors like Will Ferrell and Sacha Baron Cohen, we must first master the art of physical comedy. Join actor Seamus Allen in this lively practical session and learn fundamental techniques to apply to comedy performance.

Presented by: READ College 
PERFORMING ARTS WORKSHOP =

### 16.45-17.30 Safeguarding in the Competitive Dance World

**Style: Health & Injury Prevention** 

Level: Open

In an age where competitions are engaging everyone from young children through to adults, Deborah Norris and British and International Federation of Festivals raise the question around what is appropriate for young dancers to perform. Discussions will cover choreographic content and technical ability, choice of music and costume. This is an essential seminar for parents, teachers and event producers.

Presented by: British and International Federation of Festivals

**= MOVE IT PRO SEMINAR =** 

### 16.45-17.45 Contemporary with Lukas McFarlane

**Style: Contemporary** 

Style: Cheerleading

**Level: Professional** 

Box Artist Management presents a masterclass with Lukas McFarlane. Lukas is known for pushing the envelope and stepping outside the norm. This masterclass will have a strong emphasis on storytelling through dance and is definitely one for professional dancers wanting to add to their skillset.

Presented by: Lukas McFarlane

MOVE IT PRO MASTERCLASS: HARLEQUIN MASTERCLASS STUDIO =

17.30-18.15 Cheerleading with PPA

Learn a dance based routine at competition standard based on Bring It On the musical.

Presented by: Performance Preparation Academy (PPA)

■ DANCE CLASS ■

### 17.30-18.15 Contemporary with NotetoSELF

**Style: Contemporary** 

Level: Open

**Level: Advanced** 

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A release based contemporary class led by NotetoSELF. Learn choreography that allows you to find your own sense of freedom within the movement.

Presented by: notetoSELF DanCe

**DANCE CLASS** 

### 17.30-18.15 Cali Style Salsa

Style: Ballroom, Latin & Swing

Level: Open

Be sure to bring your salsa vibe for this class! Salsin will introduce you to the rhythm, footwork and isolation of Cali style salsa. Class will be taught by Colombian trained professional dancer Erika Gordillo.

Presented by: Salsin

DANCE CLASS: THE HARLEQUIN BALLROOM =

17.30-18.15 Hoop Hop

Style: Fitness

Level: Open th influences

Wine'up your waistline and get your hips moving with Charlene the Hoola Queen at HOOP HOP! This workshop combines hula hooping skills and tricks with influences from house, dancehall and street dance.

Presented by: Charlene the Hoola Queen

**DANCE CLASS** 

### 17.30-18.15 Hip Hop with Street Factory CIC

Style: Hip Hop & Street

Level: Advanced

Led by award winning Toby G, Street Factory is renowned for its hip hop culture training programmes. This workshop focuses on all the elements of hip hop; develop your knowledge of hip hop dance, learn new skills and vibe in this high energy class.

Presented by: Street Factory CIC







# **SATURDAY 19 MARCH 2016**

### 10.30-11.15 Pilates with Onyx Health & Fitness

Style: Fitness

Level: Open

Onyx Health & Fitness offer a Pilates class that is specifically tailored for dancers' bodies. This form of body conditioning will help to improve core stability, muscle tone, strength and flexibility.

Presented by: Onyx Health & Fitness

**DANCE CLASS** 

10.30-11.15 Floor-Barre® with Gloria Fuson

Style: Fitness

Level: Open

Floor Barre® is a great way for ballet dancers of all levels to improve on alignment, lengthening and strengthening. A great way to start the day before a full day of dance!

Presented by: Floor-Barre® with Gloria Fuson

**DANCE CLASS** 

10.30-11.15 Jazz with Sapphire Dance Academy

Style: Jazz

Level: Open

Delve into jazz technique with Sapphire Dance Academy. At this class you'll learn choreography focused on clean, sharp movement with strong musicality. Make sure you bring lots of energy! Suitable for all experience levels.

Presented by: Sapphire Dance Academy

= DANCE CLASS =

10.30-11.15 Dancehall with Nu Flow Dance Co.

Style: Dancehall

Level: Open

Experience the Jamaican energy of dance! Join Nu Flow Dance Co. in a dancehall class focused on the masculine steps in the style. All levels welcome.

Presented by: Nu Flow Dance Co.

**DANCE CLASS** 

### 10.30-11.30 Classical Ballet with Elena Glurjidze

**Style: Ballet** 

Level: Professional

A classical ballet class with Elena Glurjidze, senior principal ballerina at the English National Ballet. This workshop is supported by Bloch and participants will receive a discount voucher for Bloch.

Presented by: Elena Glurjidze

**MOVE IT PRO MASTERCLASS: HARLEQUIN MASTERCLASS STUDIO** 

### 10.30-12.15 Pieces of House & Saturday Social

Style: House

Level: Onen

Enter the Harlequin Ballroom as if it was an underground house club in New York. This house inspired class encourages you to feel the energy of the live DJ whilst learning intricate combinations to express yourself freely to a rhythmic beat. Learn how to jack on your own and exchange with a group. Caramel Soldier will get you to #Jaxdbass meaning feeling the vibes, the beats and keeping it social through movement. The class will lead straight into a social session: no circles, no pressure! This session is designed for you, the dancer and lover of music to exchange, express and experience how we HOUSE!

Presented by: Pieces of House

**DANCE CLASS: THE HARLEQUIN BALLROOM** 

### 10.45-11.30 Audition Workshop with LSC

**Style: Audition Preparation** 

Level: Open

Get a unique taste of London Studio Centre's (LSC's) audition process with excerpts from a typical audition class. Learn an example routine taught by an LSC panel member, with hints and tips on how best to present yourself for full time vocational training.

Presented by: London Studio Centre

■ DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2 ■

### 10.45-11.30 Cinderella Repertoire with RAD

Style: Ballet

Level: Under 16s

Royal Academy of Dance present a fun and practical workshop based on repertoire from Cinderella. For young dancers aged 10 years and over currently studying a minimum of RAD Grade 4 Ballet or equivalent.

Presented by: Royal Academy of Dance

**DANCE CLASS** 

### 10.45-11.30 Streetdance with Studio 68

Style: Hip Hop & Street

Level: Open

Learn intricate street dance choreography with Studio 68's excellent artists. This is a high energy class that will make you sweat!

Presented by: **STUDIO 68 LONDON** 

**DANCE CLASS** 

### 10.45-11.30 Acting Through Song

**Style: Acting** 

Level: Open

University of West London's David Henson returns with a popular class on acting through song. Investigate and explore text, the use of voice and the physical self.

Presented by: University of West London

PERFORMING ARTS WORKSHOP =

### 10.45-11.30 Dance UK Presents: Performance Toolkit for Hip Hop & Circus

Style: Hip Hop & Street

Level: Open

Dance UK's expert panel of artists will give you the essential tools you need to prepare your body and mind for performing in these highly physical styles. This seminar will give you a sneak preview of the content of the first major hip hop and circus Healthier Dancer Conference happening in April 2016.

Presented by: Dance UK







# SATURDAY 19 MARCH 2016

11.30-12.15 **BODYJAM** with Danzfusion Style: Fitness

Level: Open

BODYJAM is an addictive fusion of the latest dance styles performed to the hottest new sounds. A fun and non-stop cardio challenge that is guaranteed to make you break a sweat.

Presented by: Danzfusion = DANCE CLASS =

11.30-12.15 **Bellydance with Hyaam**  Style: World

**Level: Beginner** 

One of the most respected names in London bellydance lead this class that will introduce everyone to the basic steps of bellydance.

Presented by: Havaam Bellydance

**Level: Intermediate** 

**Commercial with Skyline Studios** 11.30-12.15

Style: Commercial

DANCE CLASS

YouTube phenomenon Skyline Studios will teach their unique commercial style with fast and full on choreography that will challenge your mind and your performance skills.

Presented by: Skyline Studios • DANCE CLASS •

11.30-12.15 **Mock Audition with Tap Attack**  **Style: Audition Preparation** 

**Level: Advanced** 

A fast paced audition class with Tap Attack. Class will include warmup and floor exercises before dancers are taught a unique combination. Tap Attack will be scouting in the class and selected dancers may have the chance to join an associate training program or the company. Class suitable for dancers aged II+.

Presented by: Tap Attack = DANCE CLASS =

11.45-12.30 **Pilates & Ballet Fusion with Virgin Active**  **Style: Fitness** 

Level: Open

Pilates & Ballet Fusion is a tailor-made conditioning workout for dancers. This class with help you learn conditioning exercises to help prevent injury and increase body awareness. Open to all levels.

Presented by: Virgin Active

■ DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2 ■

11.45-12.30 **Boying with Rain Crew** 

Style: Hip Hop & Street

Level: Open

East London b-boys Rain Crew will introduce you to everything you need to know about b-boying. This is an open class that will give everyone a chance to learn foundation breaking moves and create some of your own too!

Presented by: Rain Crew

**DANCE CLASS** 

#### 11.45-12.30 Wanna be a Majorette?

**Style: Fitness** 

Level: Open

Marawa's Majorettes are the UK's premier hula hoop performance troupe. The Majorettes are trained and directed by Marawa The Amazing, five times world record holding international showgirl. Marawa's Majorette club is open to hoopers all around the world that want to become hoop stars and connect with likeminded hoopers. Come get your hoop on and join this class! Hoops provided at the class.

Presented by: Marawa's Majorettes

DANCE CLASS =

### 11.45-12.30 The Future Kids of TV & Film

Style: TV & Film

**Level: Under 16s** 

Stage Works Academy (SWA) is on the lookout for young talent under the age of 16 in this scouted class. Join the class if you're looking to workshop your talent and let SWA take you to the next stage in the theatre, film and commercial industries.

Presented by: Stage Works Academy (SWA)

**PERFORMING ARTS WORKSHOP** 

#### 11.45-12.30 **Make Dance Competitions Work for You**

**Style: Competitions** 

Level: Open

Dance competitions now span all dance genres and take place on TV, in clubs and schools worldwide. Join an industry-wide panel featuring RAD, Flawless and other familiar faces to learn how to prepare and make the competitions experience work for you.

Presented by: Royal Academy of Dance, Flawless & others

**MOVE IT PRO SEMINAR =** 

#### 11.45-12.45 **Contemporary with Company Wayne McGregor**

**Style: Contemporary** 

Level: Professional

A rare opportunity for professional level dancers to practice technique and repertoire with the world renowned Company Wayne McGregor.

Presented by: Company Wayne McGregor

**MOVE IT PRO MASTERCLASS: HARLEQUIN MASTERCLASS STUDIO** 

#### 12.30-13.15 **Under 16's Ballet with ConnfiDANCE**

Style: Ballet

**Level: Under 16s** This special class will give a practical insight into taking an associate level ballet class. Suitable for dancers under the age of 16, the class will feature non-curriculum

and non-syllabus work. An enjoyable challenge for young ballet dancers. **= DANCE CLASS =** 

Presented by: ConnfiDANCE Ballet NI

### 12.30-13.15 **Nu Flow presents Fem Style Street**

Style: Hip Hop & Street

Level: Open

Dynamic, energetic, cutting edge Fem (feminine) style dance. Come along to try out this new style with Nu Flow Dance Co.

Presented by: Nu Flow Dance Co.







## NEW VENUE! EXCEL LONDON • FRIDAY 18 - SUNDAY 20 MARCH 2016

## SATURDAY 19 MARCH 2016

12.30-13.15 Popping with Jutsu

Style: Hip Hop & Street

Level: Open

Popping is a unique freestyle street dance that originated in 1970's California. Popping uses the tensing and release of the muscles to create robotic movements within the body. Feel the funk and perfect your technique and groove in this brilliant class.

Presented by: Jonathan Reid

**DANCE CLASS** 

12.30-13.15 Commercial with Wilkes Academy

**Style: Commercial** 

Level: Intermediate

Learn dynamic choreography from Wilkes Academy in the current commercial dance styles. Come along to this class if you're looking to elevate your skill whilst having fun.

Presented by: Wilkes Academy

**DANCE CLASS** 

12.30-14.15 Street Fusion Jazz Dance & Social

Style: Jazz

Level: Open

Street fusion jazz dance developed on the UK club scene in the '70s and '80s and is influenced by tap, funk, soul, breaking, salsa, lindy hop and disco. Lively, funky and fun, get down to this class and add to your dance repertoire. The class will be followed by a Saturday Social Session where JazzCotech dancers will recreate the energy, fun and freestyle potential of the underground. No pressure to freestyle - this is a fun Social Session for dancers who love music to get down and express themselves. JazzCotech dancers are the UK's biggest collective of jazz funk dancers, DJs and promoters. They have appeared at all major international festivals and have danced with artists including James Brown, Maceo Parker, Bassie Orchestra, Jamiroquai, Wynton Marsalis and Jon Hendricks.

Presented by: JazzCotech

DANCE CLASS: THE HARLEQUIN BALLROOM =

12.45-13.30 Vera Flow Style: Fitness

VeraFlow is a dance based stretch class. Move through this energetic movement style and utilise flow, visualisation and meditation.

Presented by: Vera Flow

= DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2 =

### 12.45-13.30 Adult Contemporary with Nocturn

**Style: Contemporary** 

Level: Over 18s

Level: Open

Nocturn presents adults dance classes for those who want to get into shape whilst having the time of their lives! Here you will focus on exploring the different contemporary dance styles fused with Nocturn's own energetic twist.

Presented by: Nocturn Dance Company

**DANCE CLASS** 

### 12.45-13.30 Inspired by Cats

**Style: Musical theatre** 

Level: Open

Love everything musical? This is the class for you! Urdang Academy presents a Cats themed class. Open to all, students will learn a routine inspired by the second longest running musical in the West End!

Presented by: Urdang 

DANCE CLASS =

## 12.45-13.30 Auditioning for TV & film

Style: TV & Film

Level: Open

Get on your feet and in front of the camera. From walking into the room to improving your performance, this class is full of practical tips and exercises to help you nail a screen test.

Presented by: The Brighton Academy

**PERFORMING ARTS WORKSHOP** 

### 12.45-13.30 Casting Process Exposed

Style: Business of Dance

Level: Open

Hear how casting directors 'tick' and find out how they cast roles from fringe theatre to Hollywood blockbusters. Suzy Catliff, casting director and author of 'The Casting Handbook' will lead this essential session for people who want to gain inside knowledge on what casting directors look for. Come along to increase your chances of getting that role.

Presented by: The Casting Handbook

= MOVE IT PRO SEMINAR =

### 13.00-14.00 Essential Conditioning for Breakers

Style: Hip Hop & Street

Level: Open

Project Breakalign is the London-based, internationally renowned team working with b-boys and b-girls to reduce injury. Join founder Nefeli (B Girl Smash) and Soul Mavericks in this masterclass and learn essential conditioning techniques to increase your strength, flexibility and reduce risk of injury.

Presented by: Project Breakalign

MOVE IT PRO MASTERCLASS: HARLEQUIN MASTERCLASS STUDIO =

### 13.30-14.15 Release your Joints

Style: Fitness

Level: Open pine,

NCG deliver their unique conditioning programme for dancers. Inspired by yoga, Pilates and dance, this is the ultimate conditioning style to free up your spine, hips and back. A holistic approach to increasing wellbeing with a core challenge to spice things up!

Presented by: NCG

**DANCE CLASS** 

### 13.30-14.15 Tap to the Future!

Style: Tap

Level: Under 16s

An introduction to tap for under I6s, led by Tap Attack. Learn how to tap cool rhythms, beautifully deafen your audiences and be amazed at the future of tap.

Presented by: Tap Attack







# THE UK'S **BIGGEST** EVENT FOR DANCE AND THE PERFORMING ARTS **MOVEITDANCE.CO.UK** #MOVEIT2016 @ MOVEITSHOW

NEW VENUE! EXCEL LONDON • FRIDAY 18 - SUNDAY 20 MARCH 2016

## SATURDAY 19 MARCH 2016

 Style: Commercial

Level: Open

Want to feel fierce and give some of that healthy sass? You've found the right class! Urdang are offering a commercial dance class taught by the almighty Sammy Lee Jane who will lead students through a routine filled with Urdang's dynamism.

Presented by: Urdang

**DANCE CLASS** 

13.30-14.15 New Jack Swing

Style: Hip Hop & Street

Level: Open

This '90s hip hop class comes with a 100% guarantee of fun! Introducing the elements that paved the way for modern street dance styles, be ready to drill, create and showcase your fresh skills.

Presented by: Rain Crew

13.45-14.30 Bharatanatyam; Indian Classical Temple Dance

Style: World

Level: Open

Known for its high energy and iconic imagery, the style of Bharatanatyam (Indian Classical Temple Dance) has inspired dance icons from Matt Mattox to Michael Jackson. Class open to all - from complete beginners to professional level dancers.

Presented by: Theatrefullstop

■ DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2 ■

13.45-14.30 Ballet with Daniel Jones (Big Ballet)

Style: Ballet

Level: Over 18s

Calling ALL DANCERS - no matter what size, age or shape you are! Join Daniel Jones (Big Ballet) for an open level ballet class where you'll learn to liberate your inner grace!

Presented by: Daniel Jones

DANCE CLASS =

13.45-14.30 Ballet with RAD

Style: Ballet

Level: Intermediate

Royal Academy of Dance offer dancers the opportunity to take part in an enjoyable intermediate/advanced level ballet class to improve, refresh or simply dance.

Presented by: Royal Academy of Dance

**DANCE CLASS** 

13.45-14.30 Introduction to Estill Voice Training

Style: Voice

Level: Beginner

Knowledge is power. Understand how the voice works and maximise your vocal potential with the Estill philosophy. Estill Voice Training is not specific to any particular genre nor does it favour a particular style of voice use. Training is based on the belief that everybody has a beautiful voice. Come away from this workshop understanding how to achieve your vocal goals and keep your voice healthy.

Presented by: Artsl School of Performance

PERFORMING ARTS WORKSHOP =

### 13.45-14.30 Take your Dance Career Global

**Style: Business of Dance** 

Level: Open

This seminar will inspire and equip you with essential knowledge to take your career internationally. Featuring a panel of artists, funders and International organisations - this is a must-attend seminar for globally minded dancers, teachers and choreographers. The panel will feature Cove Dancewear, Cindy Claes, American Dance Association and more.

Presented by: Taylor Morgan, Cindy Claes, Hollywood Summer School & American Dance Association

■MOVE IT PRO SEMINAR ■

## 14.15-15.15 Popping with Dickson Mbi

Style: Hip Hop & Street

Level: Professional

Dickson Mbi is the award winning popper and founder of FIYA House Crew. Dickson has toured the globe performing, judging and battling at the world's top hip hop events. An advanced level class giving dancers specific training to perfect their technique and individual style. Expect popping drills, freestyle and a whole lot of funk.

Presented by: Dickson Mbi

• MOVE IT PRO MASTERCLASS: HARLEQUIN MASTERCLASS STUDIO •

14.30-15.15 Buti Yoga

Style: Fitness

Level: Open /eat!

Fuse power yoga, tribal dance and plyometrics into a high-intensity interesting workout that will transform the body from the inside out. Come ready to sweat!

Presented by: Studio K

DANC

DANCE CLASS =

14.30-15.15 Waack with Confidence

Style: Hip Hop & Street

Level: Open

Don't miss out on a style that will have you up and moving in no time! These amazing waackers will be giving you the lowdown on the technique and the development moving from beginner to professional.

Presented by: **Obsidian** 

**DANCE CLASS** 

14.30-15.15 Advanced Commercial

Style: Commercial

Level: Advanced

Josh Wharmby leads a fierce and on-trend commercial dance class. Known for being ahead of the trend, Josh has worked with artists including Rita Ora, Kylie Minogue, Lionel Richie and more.

Presented by: LIPA 

DANCE CLASS =







## **SATURDAY 19 MARCH 2016**

### 14.30-15.15 Streetomedy with Twist & Pulse

Style: Hip Hop & Street

Level: Open

What is Streetomedy? The one and only Twist and Pulse lead an open level class that will send chills down your spine! Come out dancing in a fast, controlled and slickly executed style.

Presented by: Twist and Pulse

### 14.30-16.15 Lindy Hop & Saturday Social

Style: Ballroom, Latin & Swing

Level: Open

A fun introduction to lindy hop - the Grand Daddy of all the swing and jive dances! Learn the basic steps of this cool 1940s partner dance and come out looking like a pro. Class will be followed by a Social Session: your chance to get on the dance floor and freestyle. Live DJ playing soulful classic sounds throughout. No partner necessary.

Presented by: Swing UK

**DANCE CLASS: THE HARLEQUIN BALLROOM** 

### 14.45-15.30 Contemporary Workshop with LSC

Style: Contemporary

Level: Intermediate

A dynamic and fast paced contemporary dance class for students with previous dance experience. Improve your technique and develop as an artist under the guidance of an experienced choreographer, performer and teacher.

Presented by: London Studio Centre

■ DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2 ■

14.45-15.30 African Jazz Fusion

Style: World

Level: Open

Dance worlds collide in this global fusion class. Undulate your spine, rotate your hips and engage your soul in a rhythmic resonance of movement and dance.

Presented by: Movement Angol Dance

### 14.45-15.30 Inspired by Kinky Boots

**Style: Musical Theatre** 

Level: Open

Learn repertoire inspired from West End musical 'Kinky Boots' in this musical theatre dance class by Urdang.

Presented by: Urdang

**DANCE CLASS** 

### 14.45-15.30 Show Choir Performance Technique

**Style: Voice** 

Level: Open

Experience the unique feeling of working in a show choir and learn how to work as a performing team. Mixing movement and singing, join Urdang Academy in a session that will give you the skills you need to be part of a show choir.

Presented by: Urdang

PERFORMING ARTS WORKSHOP =

### 14.45-15.30 Meet the Agent

Style: Business of Dance

Level: Open

Get ahead of the rest with this essential seminar about working with an agent. Seminar led by Ben Totty (Box Artist Management), respected agent and choreographer.

Presented by: Ben Totty (Box Artist Management)

= MOVE IT PRO SEMINAR =

### 15.30-16.15 The Fresh Face of Bollywood

Style: Bollywood

Level: Open

Sapnay return to MOVE IT with their successful presentation of modern Bollywood. Have fun and get energised with Bollywood technique. Open to dancers of all levels.

Presented by: Sapnay

DANCE CLASS =

## 15.30-16.15 The Importance of Rhythm in Tap

Style: Tap

Level: Advanced vising, learning

Rhythm can be your best friend and change everything! This class will help dancers to improve their understanding of rhythms and tempo when improvising, learning choreography or when creating a performance piece.

Presented by: Phoenix Dance and Drama

**DANCE CLASS** 

### 15.30-16.15 Express your Commercial

**Style: Commercial** 

Level: Intermediate

An energetic, dancer focused class that will allow you to develop your knowledge and confidence whilst performing dynamic expressive choreography. Not to be missed!

Presented by: Gareth Woodward

**DANCE CLASS** 

### 15.30-16.15 Strictly Buck

Style: Hip Hop & Street

Level: Open

Buckness Personified presents STRICTLY BUCK! A krump workshop with leading UK female krump dancer and choreographer, Claire "ShortieBuck" Hough! Claire will be teaching the foundations and basics of krump followed by a powerful krumpography routine. Come on down and learn from the pioneering UK krump crew!

Presented by: Buckness Personified

= DANCE CLASS =

## 15.30-16.30 Bloch presents Tap with Jason Samuels Smith (USA)

Style: Tap

Level: Professional

Professional tap dancer and Emmy award winning choreographer Jason Samuels Smith (USA) is in London to teach this tap masterclass. This is a rare opportunity to take a professional level class with one of the world's most respected tappers.

Presented by: Bloch

• MOVE IT PRO MASTERCLASS: HARLEQUIN MASTERCLASS STUDIO •







TICKETS ON SALE MID-DECEMBER. KEEP UP TO DATE AT **MOVEITDANCE.CO.UK** 

## **IEW VENUE!** EXCEL LONDON • FRIDAY 18 – SUNDAY 20 MARCH 2016

## SATURDAY 19 MARCH 2016

### 15.45-16.30 Ballet with Daniel Jones (Big Ballet)

**Style: Ballet** 

Level: Advanced

Daniel Jones (Big Ballet) is teaching a special advanced class for professionals. Improve and refresh your ballet technique with a focus on turns and virtuosity.

Presented by: Daniel Jones

**DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2** 

15.45-16.30 Intermediate Hip Hop

Style: Hip Hop & Street

**Level: Intermediate** 

Take this class with Alias if you want to be versed in the hip hop elements of music and dance. Open to performers with some experience and knowledge of hip hop dance who want to build their skills.

Presented by: ALIAS LDN DANCE CLASS =

15.45-16.30 Fosse Style Style: Musical Theatre

CPA Studios lead an open level Fosse inspired musical theatre class. You'll be swept away by the classic music and formations of Fosse.

Presented by: CPA Studios 

DANCE CLASS =

15.45-16.30 Acting for Musical Theatre

Style: Acting

Level: Intermediate

This class will help performers to enhance and improve their acting skills within musical theatre by learning a thing or two about different acting techniques.

Presented by: Bird College 

PERFORMING ARTS WORKSHOP =

15.45-16.30 Scanner's Inc presents Ace the Freelance Life

**Style: Business of Dance** 

Level: Open

Level: Open

Scanner's Inc presents the popular Sofa Sessions. In this seminar you'll pick up top tips for freelancing from Denise Perry (Survive in Dance), leading industry bodies and dancers from across the sector. Chaired by Sarah Blanc (Inside Dance TV).

Presented by: Scanner's Inc

16.30-17.15 PiYo LIVE Style: Fitness Level: Open

Sweat, stretch, and strengthen all in one workout! PiYo LIVE combines the muscle-sculpting, core-strengthening benefits of Pilates with the strength and flexibility of flowing yoga. You'll perform a series of high-intensity, low-impact moves that will work every single muscle for a long, lean and incredibly defined physique.

Presented by: Beachbody LIVE 

DANCE CLASS

DANCE CLASS

16.30-17.15 Irish Dance: Show Style

**Style: World** 

Level: Open

Show style Irish dance with Róisín Mullins, former dancer with Michael Flatley's 'Lord of the Dance'. Join the jig and celebrate St. Patrick's day with Riverdance-style routines. High flying kicks guaranteed!

Presented by: Róisín Mullins' Raven Irish Dance Troupe

**DANCE CLASS** 

### 16.30-17.15 Hip Hop Choreography with Flawless

Style: Hip Hop & Street

Level: Open

Flawless teach a one-off hip hop choreography class focusing on grooves, musicality, dynamics and connecting with the music. Join Flawless if you're all about having fun and up for a challenge.

Presented by: Flawless 

DANCE CLASS 

DANCE CLASS

16.30-17.15 Inspired by Guys & Dolls

Style: Musical Theatre

Level: Open

Learn repertoire inspired by West End musical 'Guys n Dolls' in this musical theatre dance class.

Learn repertoire inspired by West End indsical ddys it Dons In this indsical freatre dance class.

Presented by: Urdang DANCE CLASS =

## 16.30-18.15 Swing UK present the Swing/Shag Class

Style: Ballroom, Latin & Swing

Level: Open

Learn how to 'shag' - the latest of the swing dance crazes to be revived. This dance was bigger than lindy hop in the early thirties and is often referred to as collegiate shag because of its popularity with the college kids of the time. Class will be followed by a social session: big band swing music to lindy hop and shag. This is your chance to get on the dance floor and freestyle! Join Swing Dance UK taxi dancers who will be on hand to show you the basics. Live DJ playing throughout. Partner not necessary.

Presented by: Swing UK

**DANCE CLASS: THE HARLEQUIN BALLROOM** 

### 16.45-17.30 Saturday Associate Programme Jazz Taster

Style: Jazz

Level: Intermediate

Aimed at students considering full-time training, the Saturday Associate Programme with London Studio Centre strives to achieve the technical standard required for entry into a range of vocational colleges. This class will provide a taster in the fundamental techniques of jazz dance, which are developed alongside other disciplines over the year-long programme. Open to intermediate level students aged I3–I7 years.

Presented by: London Studio Centre

■ DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2 ■







## **SATURDAY 19 MARCH 2016**

16.45-17.30 Lyrical Contemporary

**Style: Contemporary** 

Level: Open

The Big Act present an open level lyrical contemporary class. Come along and enjoy the flow.

Presented by: The Big Act 

DANCE CLASS =

16.45-17.30 Sample Stageworks' Jazz Training

Style: Jazz Level: Advanced

A dazzling jazz technique class for professional dancers. This class will clearly demonstrate the terrific training quality provided by Stageworks College.

Presented by: Stageworks College

16.45-17.30 From Page to Stage: Transform Your Monologue

Style: Acting

Level: Open

Dorset School of Acting return with a sell-out workshop on transforming your monologue. From the page to the stage; learn the tools to bring your monologue to life and find truthful emotion and character.

Presented by: Dorset School of Acting

**PERFORMING ARTS WORKSHOP** 

16.45-17.45 Benefits of Warmup & Cooldown

**Style: Health & Injury Prevention** 

Level: Open

This masterclass focuses on the physiological benefits of a warmup and cool down as well as preparation and recovery activities for dancers. Learn how to progress the skill and capacity of your dancers or yourself. Masterclass includes Q&A and discussion.

Presented by: Safe In Dance International

• MOVE IT PRO MASTERCLASS: HARLEQUIN MASTERCLASS STUDIO •

17.30-18.15 Commercial Street with Tiffany Theatre College

**Style: Commercial** 

Level: Open

Be inspired by classic dance films like Grease, Dirty Dancing and Hairspray and work your body until you can't dance any more! This is dance fitness! Shake your hips and sing along.

Presented by: Tiffany Theatre College

**DANCE CLASS** 

17.30-18.15 Tomboogie Fitness

Style: Fitness

Level: Open

Tomboogie is a dance party workout based on the musicals! From Grease, Dirty Dancing and Hairspray to the Blues Brothers, Footloose and Saturday Night Fever. The class will take you through each song, performing the iconic moves for you to follow. WARNING!!! You will have an overwhelming urge to sing along!

Presented by: Tomboogie

**DANCE CLASS** 

17.30-18.15 Contemporary with Ryan Jenkins

**Style: Contemporary** 

Level: Intermediate

You've seen him on Dance Mums, but at MOVE IT Ryan Jenkins will be teaching you! This is a fun, dynamic and energising contemporary class that will re-ignite your passion and performance.

Presented by: Ryan Jenkins

**DANCE CLASS** 

17.30-18.15 Intermediate Hip Hop with Birds

Style: Hip Hop & Street

Level: Intermediate

Bird College and BirdGang are combining their talents to bring you a hip hop class to remember! This class will give you a taste of what professional training is like within this exhilarating dance genre.

Presented by: Bird College DANCE CLASS =







## NEW VENUE! EXCEL LONDON • FRIDAY 18 - SUNDAY 20 MARCH 2016

# SUNDAY 20 MARCH 2016

10.30-11.15 NOVA: Yoga & Pilates Unite

**Style: Fitness** 

Level: Open

Some things are meant to be together: like yoga and Pilates. Discover NOVA; the bendy best from yoga and terrific toning from Pilates. In this class you'll stretch, flex and strengthen.

Presented by: Virgin Active

**DANCE CLASS** 

10.30-11.15 Clubbercise

Style: Fitness Level: Open

Clubbercise is the ultimate party workout; think dance, think rave, think FUN! Boogie to classic '90s tunes whilst you grapevine across the floor with a twist.

Presented by: Bokwa Fitness 

DANCE CLASS =

10.30-11.15 Float to Fun

Style: Ballroom. Latin & Swing

Level: Beginner

No matter your ability or age, glide, sashay and float across the dance floor with this introduction to ballroom. Discover the fun and appeal of dancing ballroom.

Presented by: Court School of Dancing

**DANCE CLASS: THE HARLEQUIN BALLROOM** 

### 10.30-11.15 Darcey Bussell presents DDMIX

**Style: Fitness** 

Level: Advanced

Darcey Bussell invites you to come and experience a Diverse Dance Mix (DDMIX) masterclass. DDMIX is dance fitness style created by Darcey Bussell. A fun aerobic workout based on many different dance styles with easy to follow steps for all abilities and ages. Come along if you're interested to see how she has merged a range of styles together and would like to be taught by this icon.

Presented by: Diverse Dance Mix

**DANCE CLASS** 

### 10.30-11.15 Wilkes Academy Commercial

**Style: Commercial** 

Level: Open

Join this fast paced audition style class with commercial choreographer Dax O'Callaghan who will teach a combination of different but current commercial styles to test the performer's versatility skills. This class will help students execute different 'flavas' and 'feels' which is crucial for this industry. Wilkes Academy will be scouting in this class.

Presented by: Wilkes Academy

## 10.30-11.30 Dance UK Presents 'Get your Head in Game' (In the Zone)

Style: Health & Injury Prevention

Level: Open

As a professional dancer you have technique, training and your body as your tools – but what about your mind? This practical masterclass will give you the edge to ensure you can give your best in auditions and perform at the top of your game by staying motivated and using nerves to your advantage.

Presented by: Dance UK

• MOVE IT PRO MASTERCLASS: HARLEQUIN MASTERCLASS STUDIO •

### 10.45-11.30 Hip Hop Dance Theatre

Style: Hip Hop & Street

Level: Open

Learn an energetic and exciting piece of hip hop dance theatre repertoire. London Studio Centre's experienced teacher will make the performance come alive as you learn excerpts of repertoire in a fun and accessible class, open to all ages and abilities.

Presented by: London Studio Centre

**DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2** 

### 10.45-11.30 A Taste of BalletBoyz

Style: Contemporary

Level: Open

A great opportunity to dance with BalletBoyz. A fun and engaging insight into the company; get a taste of their style and learn some of the company repertoire.

Presented by: BalletBoyz

10.45-11.30 Lyrical Jazz

Style: Jazz

Level: Open

A session of expressive traditional jazz, open to all.

Presented by: Urdang

= DANCE CLASS =

### 10.45-11.30 Improve the Way You Sing

Style: Voice

Level: Open

Looking for a chance to improve your singing? Look no further. A fantastic workshop where you will learn the basics of how to develop your vocal technique including breathing, resonance, placement and vocal support.

Presented by: Urdang

**PERFORMING ARTS WORKSHOP** 

## 10.45-11.30 Brand Brilliance

**Style: Business of Dance** 

Level: Open

Arts Marketing Association present a seminar giving you tools and tips to enable you to reach brand brilliance. Increase your reach and become instantly relevant to your target audience. A must-attend seminar for anyone looking to build their career and business in dance.

Presented by: Arts Marketing Association

**MOVE IT PRO SEMINAR =** 







## NEW VENUE! EXCEL LONDON • FRIDAY 18 - SUNDAY 20 MARCH 2016

# SUNDAY 20 MARCH 2016

11.30-12.15 Fun with Flamenco to Live Music

Style: World

Level: Under 16s

The Spanish Dance Society present top flamenco teacher Fenella Juanita, leading a fun and friendly introduction to the style. Including live guitar, dancers will learn Flamenco moods, styles and rhythms through footwork, stamping and clapping.

Presented by: Spanish Dance Society

**DANCE CLASS** 

**11.30-12.15** Pilates for Pros

**Style: Fitness** 

Level: Open

Calling all dancers looking for a Pilates class to suit you. Look no further! Here is a Pilates class designed to support dancers' need to focus on the core, balance, flexibility and decrease stress.

Presented by: Claire Tyler Dance

DANCE CLASS

11.30-12.15 Inclusive Street Dance

Style: Hip Hop & Street

Level: Open

Street dance with a difference... Wheelchair Dance Sport Association will show you how to teach and learn inclusive street dance routines whether you are on your feet or using a wheelchair. If you want to know how to street dance in a wheelchair or develop choreo with someone in a wheelchair – this is the class for you. There will be wheelchairs on hand for you to try while you learn the routines. This is a fun, uplifting and inspiring class that will radically change your perception of wheelchair dancing.

Presented by: WDSA

**DANCE CLASS: THE HARLEQUIN BALLROOM =** 

### 11.30-12.15 Werk It with Ryan Jenkins: Commercial

**Style: Commercial** 

Level: Open

You've seen him on Dance Mums, but at MOVE IT Ryan Jenkins will be teaching YOU! Come along to this class to learn a sassy and fierce routine - be prepared to 'werk' it!

Presented by: Ryan Jenkins

DANCE CLASS

### 11.30-12.15 Masterclass with Strictly's Karen & Kevin Clifton

Style: Ballroom, Latin & Swing

**Level: Advanced** 

Technique is not all, take advice from the masters on how to use choreography, style and performance skills in partnered dance. Come away knowing how to stand out from the crowd and become unique. Karen and Kevin Clifton, professional Strictly Come Dancing dancers lead this advanced class where partners are not necessary.

Presented by: Karen & Kevin Clifton

■ DANCE CLASS ■

### 11.45-12.30 Entrance of the Swans

**Style: Ballet** 

Level: Open

This class will capture the elegance and grace of the 'Entrance of the Swans' from the classical masterpiece Swan Lake. Develop your performance quality to convey this famous love story.

Presented by: Catalyst Dance

■ DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2 ■

### 11.45-12.30 Afro Fusion with Project G

Style: World

Level: Open

Project G are drawing on African dance movement from the past to present in this high energy Afrofusion dance class. Embrace a totally different way of moving and learn choreography as well as opportunities to freestyle.

Presented by: Project G Dance Company

**DANCE CLASS** 

## 11.45-12.30 Into the Hoods: Remixed Repertoire

Style: Hip Hop & Street

Level: Intermediate

Amazing opportunity to learn repertoire from ZooNation's 'funk-fuelled, fast-paced hip hop fairytale' Into The Hoods: Remixed. Don't miss out on this chance to learn from the very best!

Presented by: ZooNation Dance Company

**DANCE CLASS** 

### 11.45-12.30 Acting for Screen

Style: TV & Film

Level: Open

Actor's Studio is returning to MOVE IT with their successful 'Acting for Screen' workshop. Your chance to develop core skills that will improve your career potential.

Presented by: Actors Studio

■ PERFORMING ARTS WORKSHOP ■

### 11.45-12.45 Ballet with James Streeter

Style: Ballet

Level: Professional

English National Ballet soloist James Streeter will teach this professional level classical ballet masterclass.

Presented by: English National Ballet & Dance UK

• MOVE IT PRO MASTERCLASS: HARLEQUIN MASTERCLASS STUDIO •

12.30-13.15 Dance Burn

Style: Fitness

Level: Open

An explosive dance fitness class is coming your way! Fabrazio Amanajais has created a Latin, pop, jazz and afro influenced fitness class to help you to physically stay in shape but also improve state of mind.

Presented by: Fabrizio Amanajas







## W VENUE! EXCEL LONDON - FRIDAY 18 - SUNDAY 20 MARCH 2016

## SUNDAY 20 MARCH 2016

#### 12.30-13.15 **Intermediate Contemporary Dance**

**Style: Contemporary** 

Level: Intermediate

Tap into the true you with this physical contemporary class taught by Alleyne Dance, as seen in Akram Khan Company. Their style will develop your performance and improvisation skills, passion and strength. This style has been inspired by the likes of Akram Khan, Gregory Maqoma and more.

Presented by: Academy Performing Arts (GLL)

**= DANCE CLASS =** 

12.30-13.15 **Burlesque Razzle Dazzle Fit**  **Style: Fitness** 

Level: Open

Shimmy, shake, twist and twirl your way around the dance floor leaving your cares at the door. Splits and high kicks optional; jazz hands and smiles essential!

Presented by: Virgin Active

**DANCE CLASS: THE HARLEQUIN BALLROOM** 

12.30-13.15 **The Hollywood Summer Tour**  Style: Jazz

**Level: Advanced** 

Fancy the opportunity to be a part of The Hollywood Summer Tour 2016? Get yourself to this class, which will give you a fusion of commercial, jazz and street styles. A whirlwind of styles and prizes to win!

Presented by: The Hollywood Summer Tour

■ DANCE CLASS ■

12.30-13.15 **Dancehall Erruptive**  Style: Dancehall

Level: Intermediate

Step into Jamaica with this lively class where you will learn the grooves and social moves created by some of the best Jamaican dancers of all time. Come along and enjoy all things dancehall.

Presented by: Xpressionz Dance Company

**DANCE CLASS** 

12.45-13.30 **Boys' Commercial with LSC**  **Style: Commercial** 

Level: Open

This class welcomes boys of all ages and levels to learn an explosive commercial/street dance routine. The session provides an excellent taster of London Studio Centre's Commercial Sunday School, which regularly welcomes top teachers from across the industry.

Presented by: London Studio Centre

■ DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2 ■

### 12.45-13.30 **Train with English National Ballet Youth Company**

**Style: Contemporary** 

Level: Open

Catch a sneak peek into English National Ballet Youth Dance Company's weekly sessions with this brilliantly blended class of ballet and contemporary. Designed for pre-vocational students aged I4-I9 years looking for a physical and artistic challenge.

Presented by: English National Ballet

**DANCE CLASS** 

12.45-13.30 **Indian Folk Dance**  Style: World

Level: Open

Twist and swivel with Garba; an energetic Indian folk dance. A traditional but evolving style; focus on learning the beautiful and minute technical details.

Come along and dance your way to India!

Presented by: K'z Dance Entertainment Ltd

**DANCE CLASS** 

#### 12.45-13.30 **Creating Physical Characters Quickly**

Style: Acting

Level: Open

Be prepared to get up on your feet in this lively and physical workshop. Using Laban techniques for actors, you will initially create external exaggerated characters but then will learn how to reduce the size and engage the internal connection. A fantastic session which will help performers with characterisation.

Presented by: Aelfa Academy of Dramatic Arts

**PERFORMING ARTS WORKSHOP** 

#### 12.45-13.30 **Scanner's Inc Presents Get your Dream Career**

## **Style: Business of Dance**

Level: Open

Scanner's Inc presents the popular Sofa Sessions. In this seminar you'll learn about all you need to do to get your dream career. Get ahead of the rest with the skills, knowledge and entrepreneurialism to accelerate your career. Featuring various dance entrepreneurs, hosted by Sarah Blanc (Inside Dance TV).

Presented by: Scanner's Inc

**MOVE IT PRO SEMINAR =** 

#### 13.00-14.00 **Ballroom Masterclass**

### Style: Ballroom, Latin & Swing

**Level: Professional** 

A ballroom masterclass with Thomas Michael Voss, one of London's best choreographers and teachers. Besides having recently received an award nomination for best choreographer for the Gilbert & Sullivan musical Princess Ida, Voss has also received commissions to choreograph for major London festivals such as The Big Dance, the Festival of Love at the Royal Festival Hall, Southbank and the Greenwich and Docklands International Festival. He also works for film, music, fashion, TV and theatre. Don't miss out on the rare chance to learn from this incredible teacher in an intimate masterclass setting.

Presented by: Thomas Michael Voss

■ MOVE IT PRO MASTERCLASS: HARLEQUIN MASTERCLASS STUDIO ■

#### 13.30-14.15 **Tone Up Pilates**

**Style: Fitness** 

Tone up Pilates suits everyone; from dancers to actors, from athletes to sofa lovers, Quite simply, Pilates will make you feel, look and move better than you ever have done before.

Presented by: Fabrizio Amanajas







## W VENUE! EXCEL LONDON • FRIDAY 18 – SUNDAY 20 MARCH 2016

## SUNDAY 20 MARCH 2016

13.30-14.15 **Breaking Bootcamp**  Style: Fitness

Level: Open

Expect a full body calisthenic workout with exercises designed to increase fitness and health through functional athletic movements in dance. This workout not only helps you to look great but also allows you to explore and develop the strength, technique and agility necessary in hip hop and breakdancing. Work hard, have fun and challenge yourself. Suitable for all levels.

Presented by: Hakim Saber

**= DANCE CLASS =** 

13.30-14.15 **Belly Fit**  **Style: Fitness** 

**Level: Beginner** 

Belly dance yourself fit with Maria Louisa. Fun packed workshop full of feel good energy and new moves to leave you feeling fantastic. Suitable for all ages.

Presented by: Maria Louisa

Presented by: Duplic8

**DANCE CLASS: THE HARLEQUIN BALLROOM** 

13.30-14.15 **Groove with Duplic8** 

Duplic8, winners of Got to Dance 2014 teach a fun hip hop routine focusing on the groove!

**DANCE CLASS** 

13.30-14.15 **Commercial Lyrical with Renako McDonald** 

**Style: Commercial** 

Style: Hip Hop & Street

Level: Intermediate

Level: Open

LIPA present Renako McDonald in this one-off class. Renako is known for his captivating and expressive commercial and lyrical choreography. Don't miss out on being in the studio with him and be prepared to dance like you have never danced before.

Presented by: LIPA

**DANCE CLASS** 

13.45-14.30 **Popping & Contemporary Discovery**  **Style: Contemporary** 

**Level: Intermediate** 

Discover the freedom of popping and contemporary dance in this creative class. Join Simone to explore this creative fusion of new movement.

Presented by: Simone Sistarelli

**DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2** 

#### 13.45-14.30 **Contemporary Dance with NATD**

Style: Contemporary

**Level: Intermediate** 

Harita Stavrou, principal of Richmond Academy of Dance will lead this contemporary dance class. With influence from contemporary dance pioneers Martha Graham, Merce Cunningham and Jose Limon, the class is suitable for anyone who has some contemporary dance experience.

Presented by: National Association of Teachers of Dancing

**DANCE CLASS** 

#### 13.45-14.30 **Musical Theatre with West End Kids**

**Style: Musical Theatre** 

**Level: Advanced** 

The famous West End Kids song and dance troupe teaches this advanced musical theatre class. Learn repertoire West End Kids have performed on stage at events like West End LIVE, Camp Bestival and the MOVE IT Main Stage.

Presented by: West End Kids

**= DANCE CLASS =** 

#### 13.45-14.30 **Musical Theatre Show Choreography**

**Style: Musical Theatre** 

Level: Open

Brought to you by Masters Performing Arts, this high energy class with resident faculty member Kieron Jae is a sure fire way to learn repertoire choreography from the West End! Kieron's latest role as Tulsa in Gyosy, starring alongside Imelda Staunton is one of many (credits include Billy Elliot, Jersey Boys, Charlie & The Chocolate Factory, Mamma Mia, Fame, All the fun of the Fair and Witches of Eastwick). This class is aimed at intermediate dancers aged 14 years up.

Presented by: Masters Performing Arts

**PERFORMING ARTS WORKSHOP** 

#### 13.45-14.30 **DDMix with Darcey Bussell**

### **Style: Business of Dance**

**Level: Teachers** 

Darcey Bussell, ex principal of The Royal Ballet, Strictly Come Dancing judge and president of the Royal Academy of Dance will discuss her career in this seminar. Diverse Dance Mix (DDMIX) lead this exclusive talk for dance teachers on the DDMIX programme and all things dance. A must-attend for teachers looking to expand their repertoire of styles.

Presented by: Darcey Bussell's Diverse Dance Mix

**MOVE IT PRO SEMINAR =** 

### **Bloch presents Tap with Jason Samuels Smith (USA)** 14.15-15.15

Style: Tap

Level: Professional

Professional tap dancer and Emmy award winning choreographer Jason Samuels Smith (USA) is in London to teach this tap masterclass. This is a rare opportunity to take a professional level class with one of the world's most respected tappers.

Presented by: Jason Samuels Smith on behalf of Bloch

• MOVE IT PRO MASTERCLASS: HARLEOUIN MASTERCLASS STUDIO •

### 14.30-15.15 **Become BootyBarre Fabulous**

Style: Fitness

Level: Open

Arabesque with attitude, master muscles and define your derriere. Combining ballet, yoga and Pilates; become supple, strong and de-stress with bootybarre allowing you to be more in-tune with your fabulous dancers body.

Presented by: Virgin Active







## NEW VENUE! EXCEL LONDON • FRIDAY 18 – SUNDAY 20 MARCH 2016

## **SUNDAY 20 MARCH 2016**

14.30-15.15 Raw Contemporary

**Style: Contemporary** 

Level: Advanced

Explore the individual and internal style of Eva Martz. In this class you'll have the chance to examine the connection between emotion and movement and discover how to create movement from an internal source.

Presented by: Institute of the Arts Barcelona

**DANCE CLASS** 

14.30-15.15 The Beginnings of Flamenco

Style: World

Level: Beginner

Dive into the rhythms and passion of flamenco in this introductory class. Experience the music and classical movements to understand the conversation between music and dance in this form.

Presented by: dotdotdot dance

THE HARLEQUIN BALLROOM =

14.30-15.15 Cabaret with a Twist

Style: Musical Theatre

Level: Intermediate

Sexy, slick and powerful! Inspired by the musical Cabaret, performers will learn how to embed the quality of show and add a twist. CAPA College use their interpretation as the basis to bring a modern vibe to the class.

Presented by: Momentum Dance & CAPA College

**DANCE CLASS** 

### 14.30-15.15 Lukas McFarlane FT UnTitled

Style: Contemporary

Level: Intermediate

Box Artist Management presents a masterclass with Got To Dance 2013 winner, Lukas McFarlane and his company UnTitled. Intermediate dancers are invited to join this contemporary class where they will be challenged to learn choreography in Lukas' fusion style, with a strong focus on building the relationship between urban and contemporary movement, as well as storytelling and musical interpretation. Not to be missed!

Presented by: Lukas McFarlane

**DANCE CLASS** 

### 14.45-15.30 Ballet with Masters Performing Arts

Style: Ballet

**Level: Intermediate** 

Masters present a classical ballet class for young dancers aged I4 upwards who are preparing to audition for professional training. The class will be taught by Loraine Swain and assisted by a current student.

Presented by: Masters Performing Arts

■ DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2 ■

### 14.45-15.30 Commercial Addict

**Style: Commercial** 

Level: Advanced

Gain a glimpse of the professional commercial world in this class. Dancers will be welcomed into a friendly and uplifting environment, be challenged and dance out more confident. Learn how to make an impression on the industry.

Presented by: Addict Dance Academy

DANCE CLASS =

### 14.45-15.30 Wacck with The Waacktitioners

Style: Hip Hop & Street

Level: Open

Want to gain killer moves so you can steal the stage? The Waacktitioners are a collective of top UK dancers; come join their party! Learn the techniques, musicality and the importance of confidence when Waacking the night away.

Presented by: The Waacktitioners

= DANCE CLASS =

### 14.45-15.30 Hosting for TV & Live Events

**Style: Business of Dance** 

Level: Open

A brand new seminar on how to host for TV and live events, led by the industry's most in demand hosts.

Presented by: Hakeem Onibudo and others

**MOVE IT PRO SEMINAR =** 

### 14.45-16.15 Frantic's Methods: Physical Theatre

Style: Acting

Level: Open

Frantic's Methods is a treat for the energetic! Don't miss out on this special class that will teach you the skills to develop your own work in a more dynamic and physically interesting way.

Presented by: Frantic Assembly

**PERFORMING ARTS WORKSHOP** 

### 15.30-16.15 UNITY under 16s Academy Class

Style: Hip Hop & Street

**Level: Under 16s** 

UNITY UK invites all under I6s to attend this session. In their signature style of fast-paced and energetic hip hop dance, the class will focus on the foundations of hip hop. For all dancers under the age of I6; come as a total beginner or as an intermediate ready to refresh and evolve as a dancer.

Presented by: UNITY UK

**DANCE CLASS** 

### 15.30-16.15 BellyBolly Fusion

Style: World

Level: Open

BellyBolly is a fusion dance form based in the traditions of Bollywood and sultry Belly Dance. Learn the foundation movement and techniques to gain more confidence and increase your dance skills.

Presented by: Absolute Bollywood







## SUNDAY 20 MARCH 2016

### 15.30-16.15 The Roots of Argentine Tango

Style: Ballroom, Latin & Swing

Level: Intermediate

Join Raquel Greenberg Tango Academy to learn the Argentine tango from its roots to the present day. Raquel will teach the foundations and then support you to build your Argentine dance vocabulary.

Presented by: Raquel Greenberg Tango Academy

**DANCE CLASS: THE HARLEQUIN BALLROOM** 

### 15.30-16.15 Commercial choreography with Liam Lunniss

**Style: Commercial** 

Level: Open

Join Tiffany Theatre College for a commercial choreography class. Taught by world class choreographer Liam Lunniss, learn explosive choreography and benefit from Liam's experience of working with the likes of The Voice and Paul Mitchell. Tiffany Theatre College will be scouting in this class.

Presented by: Tiffany Theatre College

**DANCE CLASS** 

### 15.30-16.15 Popping, Boogaloo & Animation with Mechanikool

Style: Hip Hop & Street

Level: Intermediate

Britain's Got Talent Finalist Alex Mechanikool Peters drops this funky class that will teach the fundamentals of popping, boogaloo and animation. Apply your new knowledge in a freestyle context to find your flow and express your unique dance personality. Fun, expressive and not to be missed.

Presented by: Alex Mechanikool Peters

**DANCE CLASS** 

### 15.30-16.30 DDMix with Darcey Bussell

Style: Fitness

Level: Professional

Darcey Bussell leads teachers through a one-off Diverse Dance Mix (DDMIX) masterclass. DDMIX is a dance fitness style created by Darcey Bussell. A fun aerobic workout based on many different dance styles with easy to follow steps, for all abilities and ages.

Presented by: Darcey Bussell's Diverse Dance Mix

■ MOVE IT PRO MASTERCLASS: HARLEQUIN MASTERCLASS STUDIO ■

### 15.45-16.30 African Fusion

Style: World

Level: Open

An African inspired dance class putting dancers to the test with movement from Kudruro, Afro Beats, Azonto whilst working with music at its core. If you love African music then this is the class for you.

Presented by: Ignition Dance Company

■ DANCE CLASS: LONDON STUDIO CENTRE STUDIO 2 ■

### 15.45-16.30 Contemporary Release

Style: Contemporary

**Level: Intermediate** heir individual

Join Anthony Middleton for a beautiful flowing contemporary release class. A prime opportunity for any experimental dancers wishing to develop their individual movement style, whilst also building their physical strength and flexibility.

Presented by: Momentum Dance & CAPA College

**DANCE CLASS** 

### 15.45-16.30 Bird College Pro Musical Theatre Taster

**Style: Musical Theatre** 

Level: Intermediate

Bird College is providing an opportunity for you to experience musical theatre at its best! This is a professional musical theatre class giving musical theatre lovers the opportunity to grab themselves a taster of what Bird College has to offer.

Presented by: Bird College

**DANCE CLASS** 

## 15.45-16.30 Dance UK Presents: Navigating Dance Injury

**Style: Health & Injury Prevention** 

Level: Open

Injury is an inevitable part of being a dancer, even if you're fit, healthy and performing at the top of your game. This seminar will arm you with the knowledge you need to find the right specialist help as quickly as possible without breaking the bank. You'll also learn about the services and tools at your disposal to help minimize the risk and the impact of injury.

Presented by: Dance UK 

\*\*MOVE IT PRO SEMINAR\*\*





