The Feldenkrais Method in Music, Dance, Movement, and Creative Practice

**'Making the Impossible Possible': The Feldenkrais Method in Music, Dance, Movement, and Creative Practice**

 University of West London

**Convenors:** Marcia Carr and Robert Sholl

About Moshe Feldenkrais

The work of Mosche Feldenkrais (1904-1984) has been hugely beneficial to creative artists and performers, and is increasingly taught at conservatoires and universites throughout the world. Feldenkrais himself worked with Igor Markevich, NarcisoYepes, Yehudi Menuhin, Leon Fleisher and also Peter Brook. The Method is a non-invasive, non-religious, extremely gentle, somatic learning techique that is designed to make 'the impossible possible, the possible, easy, and the easy, aesthetically pleasurable,' as Feldenkrais himself stated. This is what creative artists attempt to do every day.

The event

This one day event to be held on **Saturday 30 April** **2016** at the [University of West London, UK, W5 5RF](http://www.uwl.ac.uk/about-us/our-location/getting-university/getting-ealing).

Running order

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| **9.30am** | Welcome |
| **9.45am** | Paolo Maccagno (University of Aberdeen)  WHITEOUT: Performance without audience: A radical approach to art education through Feldenkrais |
| **10.15am** | Iaci Moraes Lomonaco (Faculty of Dance. Rio de Janeiro, Brazil), Fundação Getulio Vargas (educational center for economic and social development São Paulo, Brazil), and Larissa Padula Ribeiro da Fonseca (Federal University of Bahia (UFBA). Salvador, Brazil), Music & Wellbeing research unit - University of Sheffield, UK  The power of music and dance on producing and reflecting memory |
| **10.45am** | **Break** |
| **11.15am** | Ingrid Weisfelt  Presentation and discussion of film 'Intimacy'. |
| **11.45am** | **Lunch** |
| **1pm** | Keynote - Libby Worth (Royal Holloway, University of London)  Ducking beneath the radar: or how can the Feldenkrais Method provide a basis for integrating artistic practices in performance. |
| **2pm** | **Break** |
| **2.15pm** | Corinna Eikmeier (University of Hanover)  Quality of movement and musical practice: Examining the relationship between the Feldenkrais method and musical improvisation |
| **2.45pm** | Marilla Homes (lyric soprano, Australia)  A reflection on the teaching of Feldenkrais Method at the Victorian College of the Arts and Music, University of Melbourne. |
| **3.15pm** | Lisa Burrell (Lone Star College, Houston)  Reexamining Injury in Musicians: Using the Feldenkrais Method in an Awareness-Based Approach to Pedagogy |
| **4.15pm** | **Break** |
| **4.45pm** | Marcia Carr (UWL)  Making the impossible possible: Feldenkrais and the impact upon the training of the Actor/Singer at London College of Music. |
| **5.15pm** | Jessica M. Beck (Canterbury Christ Church University)  Learning in the Rehearsal Room: Integrating the Feldenkrais |

Here is the link to register at the conference:

http://www.eventbrite.co.uk/e/making-the-impossible-possible-the-feldenkrais-method-tickets-24563276421