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#### Neuronal mechanisms of adenosine A2A receptors in the loss of consciousness induced by

#### propofol general anesthesia with functional magnetic resonance imaging (fMRI)

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#### 1 Abstract

2 Propofol is the most common intravenous anesthetic agent for induction of anesthesia and 3 maintenance and has been clinically used for more than 30 years. However, the mechanism by which propofol induces loss of consciousness (LOC) remains largely unknown. The adenosine A<sub>2A</sub> 4 5 receptor (A<sub>2A</sub>R) has been extensively shown to have an effect on physiological sleep. It is, therefore, important to investigate the role of  $A_{2A}R$  in the induction of LOC using propofol. In the present 6 7 study, the administration of the highly selective  $A_{2A}R$  agonist (CGS21680) and antagonist 8 (SCH58261) were utilized to investigate the function of  $A_{2A}R$  under general anesthesia induced by propofol with the help of animal behavior studies, resting state magnetic resonance imaging (rsfMRI) 9 10 and c-Fos immunofluorescence staining approaches. Results show that CGS21680 significantly 11 prolonged the duration of LOC induced by propofol, increased the *c*-Fos expression in nucleus 12 accumbens (NAc), and suppressed the functional connectivity (FC) of NAc-dorsal raphe nucleus 13 (DR) and NAc-cingulate cortex (CG). However, SCH58261 significantly shortened the duration of 14 LOC induced by propofol, decreased the c-Fos expression in NAc, increased the c-Fos expression 15 in DR, and elevated the FC of NAc-DR and NAc-CG. Collectively, our findings demonstrate the 16 important roles played by  $A_{2A}R$  in the LOC induced by propofol and suggest that the neural circuit 17 between NAc-DR maybe controlled by A2AR in the mechanism of anesthesia induced by propofol. 18 Keywords: Loss of consciousness (LOC); Propofol; Adenosine A<sub>2A</sub> receptor (A<sub>2A</sub>R); Resting-state 19

- 20 functional magnetic resonance imaging (rsfMRI); *c*-Fos
- 21

22	<b>Abbreviations:</b> ATP, adenosine triphosphate; $A_{2A}R$ , adenosine $A_{2A}$ receptor; BF, basal forebrain;
23	BOLD, blood-oxygenation-level dependent; CBF, cerebral blood flow; CG, cingulate cortex; DR,
24	dorsal raphe nucleus; FC, functional connectivity; fMRI, functional magnetic resonance imaging;
25	GPCR, G protein-coupled receptors; GP, globus pallidus; IEG, immediate early gene; LOC, loss of
26	consciousness; LORR, loss of righting reflex; NAc, nucleus accumbens; NREM, non-rapid eye
27	movements; OB, olfactory bulb; PAG, periaqueductal gray; RRID, Research Resource Identifier
28	(see scicrunch.org); ROI, regions of interest; RORR, recovery of righting reflex; RSD, retrosplenial
29	dysgranular cortex; rsfMRI, resting-state functional magnetic resonance imaging; SE-EPI, spin-
30	echo planar imaging sequence; STR, striatum; VTA, ventral tegmental area.

#### 32 1 Introduction

33 General anesthesia, which has been used in clinical practice for about 170 years (Brandt & Artmeier-34 Brandt 2016), is a drug-induced reversible state, which includes unconsciousness, amnesia, 35 analgesia, and immobility (Brown et al. 2010; Li et al. 2018c). Recovery from general anesthesia is 36 still considered a passive process, depending on the elimination of anesthetic drug pharmacokinetics 37 (Chemali et al. 2012). Many serious complications, including delayed recovery, agitation, delirium, 38 and respiratory tract obstruction, may occur during recovery from general anesthesia (Li et al. 39 2018a). Delayed recovery is one of the most common complications (Alkire et al. 2007), and how 40 to shorten the recovery time is a serious problem in clinical anesthesia. On the occasion of the 125<sup>th</sup> 41 anniversary of the publication of Science, the question of how general anesthetics induce loss of 42 consciousness (LOC) was posed (Kennedy & Norman 2005), but the mechanism of general 43 anesthesia is not yet well understood (Bademosi et al. 2018), which is the reason for restricting the 44 acceleration of recovery from general anesthesia. For more than 30 years, propofol, an intravenous 45 anesthetic, has been commonly used for induction and maintenance of general anesthesia (Parks et 46 al. 2016), but the mechanism of action is also still unknown and requires further investigation. Thus, 47 propofol was selected as the starting point of general anesthesia research, which has great 48 significance and importance to clinical practice.

In the past century, several sleep-related substances have been identified, including cytokines (Krueger *et al.* 1984), adenosine (Porkka-Heiskanen *et al.* 1997), urotensin II peptide (Huitron-Resendiz *et al.* 2005) and the anandamide prostaglandin D2 (Qu *et al.* 2006). Both neurons and glial cells can release adenosine, which is a metabolite mainly produced from adenosine triphosphate (ATP). Adenosine receptors (namely the A<sub>1</sub>, A<sub>2A</sub>, A<sub>2B</sub> and A<sub>3</sub>Rs) belong to the superfamily of G

54	protein-coupled receptors (GPCR) (Sheth et al. 2014), of which the A2A receptor (A2AR) has strong
55	affinity for adenosine and is mainly distributed in brain regions such as striatum (STR), nucleus
56	accumbens (NAc), globus pallidus (GP), and olfactory bulb (OB) (Fredholm et al. 2011; Fredholm
57	et al. 2007; Ribeiro et al. 2002). In addition to increased physiological sleep (Porkka-Heiskanen et
58	al. 1997), adenosine, as a neuromodulator, can enhance anesthetic potency (Kaputlu et al. 1998).
59	The $A_{2A}R$ has been demonstrated to play a crucial role in the regulation of the physiological sleep
60	process (Zhang et al. 2013; Hong et al. 2005), but its role in the LOC induced by general anesthesia
61	is still unclear. Although general anesthesia-induced LOC is not the same as physiological sleep,
62	the responsiveness to external stimuli and brain arousal systems are similarly decreased (Nelson et
63	al. 2004; Alkire et al. 2008). Moreover, general anesthesia-induced LOC and physiological sleep
64	have many similarities in terms of brain function, including brain electrical activity and brain
65	metabolic activity (Sleigh et al. 1999; Alkire et al. 1999), therefore we speculated that A <sub>2A</sub> R may
66	be able to regulate the LOC induced by general anesthetics.
67	As a noninvasive and unbiased analysis technique, functional magnetic resonance imaging (fMRI)
68	has been widely used to investigate functional brain networks (Biswal et al. 1995; Zhong et al.
69	2019). Resting-state fMRI (rsfMRI), as a research hotspot in the field of fMRI, measures functional
70	connectivity (FC) across brain regions by detecting temporal correlations of blood-oxygenation-
71	level dependent (BOLD) signals (Liang et al. 2012), which indirectly reflects neural activity. With
72	this technique, resting-state functional connectivity (rsFC) was found in different arousal states,
73	such as awake, physiological sleep and anesthesia (Nallasamy & Tsao 2011; Paasonen et al. 2018).
74	Additionally, rsfMRI is widely used in many neurodegenerative diseases, including Alzheimer's

75 disease, dementia, schizophrenia and multiple sclerosis (van den Heuvel & Hulshoff Pol 2010;

76	Zhang <i>et al.</i> 2018). In summary, rsFC is strongly suggested to play a vital role in brain function.
77	Furthermore, c-Fos, as an immediate early gene (IEG) with activity-dependent protein expression,
78	is used as a marker of stimulus-induced neuronal activation (Lin et al. 2018; Marques-Carneiro et
79	al. 2017), and the mapping of $c$ -Fos expression in response to drug administration is one of the most
80	suitable methods used to examine the response of specific brain regions with respect to the
81	potential effects of drugs, including antipsychotics (Cohen et al. 2003; Sumner et al. 2004) and
82	anesthetics (Yu et al. 2019).
83	With the help of the highly selective $A_{2A}R$ agonist and antagonist, the current study inspired us
84	to investigate the role of $A_{2A}R$ in the LOC induced by propofol using observations of animal
85	behaviors, rsfMRI and c-Fos staining to guide further research direction about the mechanism of

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general anesthesia. Thus, the current study could provide insights into the mechanisms of propofoland even other general anesthetics.

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#### 89 2 Materials and methods

90 2.1 Animals and housing conditions

The experimental protocol was approved by the Animal Ethics Committee of Zhongnan Hospital of Wuhan University (Ethics approval number: 02518103C), and all experiments were performed in accordance with the National Institutes of Health Guidelines for the Care and Use of Laboratory Animals. Adult female Sprague Dawley rats (Beijing Vital River Laboratory Animal Technology Co., Ltd., Beijing, China) (3 months old, weighing 240-300g) (RRID: RGD\_10395233) were used in the current study. The animals were group-housed three per cage on a 12h light/dark cycle in a temperature-controlled (25±2°C) room with free access to water and food, and the animals were 98 allowed to acclimatize to the environment for a week before the experiment commenced according 99 to the standards established by the experimental animal laboratory at Zhongnan Hospital of Wuhan 100 University. Every effort was made to minimize the number of animals used as well as pain and 101 discomfort (*e.g.* Transcardial perfusion and tail vein catheterization were performed under 102 isoflurane anesthesia to relieve the rat's pain).

#### 103 **2.2 Preparation and Delivery of Drugs**

104 A total of forty female rats were divided into five different groups (n=8 per group): CGS (2.5mg/kg)

105 group, SCH-3 (3mg/kg) group, SCH-6 (6mg/kg) group and SCH-8 (8mg/kg) group and vehicle

- 106 group, and the selected doses of drugs were based on previous studies (El Yacoubi et al. 2000).
- 107 There was no significant difference in body weight between the groups (p > 0.05, Fig. S1), and the 108 protocol for this experiment is depicted in Fig. 1.
- 109 Drugs treatment protocol: According to the previous report, A2AR highly selective agonist CGS21680 (CGS) (Selleckchem, Houston, TX, USA, cat.no. S2153) (2-p-(2-Carboxyethyl) 110 phenethylamino-5'-N-ethylcarboxamidoadenosine hydrochloride hydrate) and A<sub>2A</sub>R highly 111 112 selective antagonist SCH58261 (SCH) (7-(2-phenylethyl)-5-amino-2-(2-furyl)-pyrazolo-[4,3-e]-113 1,2,4-triazolo[1,5-c]pyrimidine) (Selleckchem, Houston, TX, USA, cat.no. S8104) were dissolved 114 in dimethyl sulfoxide (DMSO) (MilliporeSigma, Burlington, MA, USA, cat.no. D2650) and then 115 diluted in Cremophor EL (MilliporeSigma, Burlington, MA, USA, cat.no. 238470) and 0.9% NaCl 116 (Final concentration: 15% DMSO and 15% Crempphor EL). Normal saline containing the same concentration of DMSO and Cremophor EL was served as the vehicle group. Drug solutions were 117 118 prepared daily and administered via an intraperitoneal injection (*i.p.*) with a volume of 10 ml/kg.

119 Administration of anesthetics: The animal was initially anesthetized with isoflurane (RWD life 120 science Co., Ltd., Shenzhen, China) (2%-4%) in oxygen, and tail vein catheterization was achieved 121 with a single 24-gauge needle (Kangning medical equipment co., Ltd., Sichuan, China) connected 122 to PE50 tubing and syringe, and the needle part was finally fixed onto the tail using tape. After 123 catheterization, rats were allowed to fully recover from isoflurane in room air for at least 10 min based on previous research (Chemali et al. 2012). At the end, a bolus dose of propofol (15mg/kg) 124 125 was delivered within 20 s through tail vein catheterization.

#### 126 2.3 Animal behavior study - Time to recovery of the righting reflex after propofol bolus

127 A time-line diagram of the research design is illustrated in Fig. 1(A). Following previous protocol 128 (Font et al. 2008), a bolus dose of CGS, SCH or vehicle was injected (i.p.) into the animals before 129 propofol administration. After 15 min, propofol (Parks et al. 2016) (15mg/kg, Diprivan; 130 AstraZeneca, UK) was administered via the lateral tail vein, and loss of righting reflex (LORR) was 131 measured by rolling the rat onto its back and observing whether the animal was able to right itself. 132 All rats were gently placed in the supine position on a heating pad (to maintain body temperature 133  $\sim$ 37° C) after losing righting reflex (measured from the start of the 20s injection). The time to 134 achieve recovery of righting reflex (RORR) was recorded and defined as the period from the loss of the righting reflex until restoration of the righting reflex (*i.e.*, all four paws touching the floor). 135

136

### 2.4 Magnetic resonance imaging (MRI)

137 A time-line diagram of the research design is shown in Fig. 1(B). Based on the results of the 138 behavioral study, the optimal dose of SCH was obtained. Then, a new group of rats was divided into

- 139 three experimental groups (Total twenty-four female rats, n=8 per group) for the MRI study: vehicle
- 140 group, CGS group and SCH-6 group.

141	The procedures of pre-experimental preparation for the fMRI study were similar to our previous
142	studies (Li et al. 2014). The rat was initially anesthetized with isoflurane (4%-5%), and tail vein
143	catheterization was performed as described above. Then, the anesthetized rat was placed in a 7.0
144	Tesla Biospec small animal magnetic resonance imaging system (Bruker, Ettlingen, Germany)
145	under isoflurane anesthesia (1%-1.5%), and the body temperature was maintained with a heating
146	pad. The rat's position was adjusted to the best position and securely fixed with the stereotaxic ear
147	bar and bite bar. Physiological states of the animal were recorded with a series of equipment, such
148	as a small animal monitoring system (Model 1025, Small Animal Instruments Inc., New York, NY,
149	USA) and Dräger Infinity Delta monitor, including a rectal temperature probe, respiration
150	pneumatic sensor, arterial pressure sensor and cardiogram electrodes. Arterial blood samples were
151	collected from the femoral artery and analyzed (i-STAT Model 300, Abbott Point of Care Inc.,
152	Princeton, NJ, USA) for blood gas measurements, such as pH, pCO <sub>2</sub> , pO <sub>2</sub> and blood glucose values.
153	The drugs (CGS, SCH and vehicle) were administered i.p. After 15 min, propofol was intravenously
154	injected through the tail vein and the isoflurane stopped. The magnetic resonance imaging data was
155	collected.
156	All MRI experiments were performed on a 7.0T Bruker Biospec70/20 USR small animal MR
157	system (Bruker, Germany) with a 10mm surface coil. Resting-state fMRI scans were acquired using

158 single-shot spin-echo planar imaging sequence (SE-EPI). Each scan consisted of 300 volumes 159 obtained by the following parameters: TR = 1000 ms, TE = 14 ms, flip angle = 45°, FOV = 20 160 mm×20 mm, spatial resolution = 0.31 mm×0.31 mm, slice thickness = 1 mm, and 20 slices in total.

161 An additional T2-weighted anatomical scan was acquired with the same geometry as the fMRI scan

using the following parameters: TR = 5000 ms, effective TE = 12 ms, RARE factor = 8, matrix =

 $256 \times 256$ , spatial resolution = 0.08 mm×0.08 mm.

# **2.5 Immunohistochemistry of** *c***-Fos**

165	Two hours after treatment with drugs and propofol, the rat was deeply anesthetized with an overdose
166	of isoflurane and transcardially perfused with phosphate-buffered saline (PBS), followed by 4%
167	paraformaldehyde. The rat brain was removed from the skull, and post-fixed with 4%
168	paraformaldehyde at 4°C. The fixed brain was sectioned into coronal slices with 40 $\mu$ m thickness
169	using a cryostat microtome (Thermo Fisher, NX50, Waltham, MA).
170	Free-floating brain slices were initially washed with PBS (three times, 8 min each). The slices
171	were rinsed and transferred to the blocking buffer (10% normal goat serum, 0.3% Triton X-100 in
172	PBS) for 1 h at 37°C. After the blocking procedure, the slices were incubated (72 h, 4°C) with anti-
173	c-Fos rabbit polyclonal antibodies (1:1000; Cell Signaling, cat.no. 2250, RRID: AB_2247211).
174	Antibodies were diluted with 3% normal goat serum, 0.1% Triton X-100 in PBS. After washing in
175	PBS (3 times, 10 min each), the slices were further incubated with a FITC-labeled goat anti-rabbit
176	IgG (1:200, 2h; Abcam, UK, cat.no. ab6717, RRID: AB_955238) for 2h at 37°C, stained with DAPI
177	for 10 min at room temperature, washed with PBS (3 times, 10 min each), and mounted in 70%
178	glycerol. Finally, the immunostained brain slice was imaged using a virtual microscopy slide-
179	scanning system (Olympus, VS 120, Tokyo, Japan). Images of brain slices containing the region of
180	interest (ROI) were cropped out and counted using ImageJ (National Institutes of Health, Bethesda,
181	MD).
100	

#### 184 **2.6 Data processing**

185 All fMRI data was processed with Statistical Parametric Mapping 12 (SPM 12, 186 http://www.fil.ion.ucl.ac.uk/spm/) in MATLAB (R2018b, Mathworks Inc. 2018) software for time segmentation and rearrangement, head movement correction, spatial standardization, smoothing, 187 188 etc. After processing, the extracranial tissue was removed and the brain tissue retained. For analysis of the resting state fMRI, the preprocessed fMRI data was detrended, covariant regressed and 189 190 filtered (0.01-0.1Hz) using DPABI. A series of brain regions of interest (ROI) were automatically 191 defined with the rat brain anatomic atlas (Nie et al. 2013), which are listed in the legends of Fig. 2. 192 The rsFCs were computed using Pearson correlation, and Fisher z-transformation was performed 193 before statistical analysis. For analysis of ROI-voxel correlation, the ROIs were automatically 194 defined with the atlas (Nie et al. 2013). The DPABI software in MATLAB was used to calculate 195 the functional connection diagrams, and the differences were analyzed with single-sample *t*-test 196 within groups (FDR,  $p \le 0.05$ ) and two-sample *t*-test between groups ( $p \le 0.05$ ).

#### 197 2.7 Statistical Analysis

198 For the whole experiment, the experimenter was unaware of the group allocation of each animal 199 during the experimental procedures and statistical analysis. The statistical analyses were performed 200 with SPSS 24.0 (IBM, New York, USA), GraphPad Prism 6.0 (GraphPad, New York, USA) and 201 MATLAB (R2018b, Mathworks Inc. 2018). Shapiro-Wilk test was used to analyze the normality of 202 data, and we found that the data was normally distributed. All data was expressed as the means  $\pm$ 203 standard error of the mean (SEM). Student's t-test was used to compare the differences between the 204 two groups and one-way analysis of variance (ANOVA) was used for more than two groups, 205 followed by a Student-Newman-Keuls multiple range test for post hoc comparisons. A p value less

than 0.05 was considered statistically significant. In this study, no randomization methods were used
to allocate samples. No pre-registration, sample calculation, exclusion criteria, or testing for outliers
was performed in this study. The study was exploratory and no primary and secondary endpoints
were pre-specified.

210

211 3 Results

#### 212 **3.1 Effects of CGS and SCH for propofol anesthesia**

213 The effects of CGS and different doses of SCH on LORR and RORR of animals after propofol 214 anesthesia are illustrated in Fig. 2. Results show that the time taken to achieve RORR of rats which only received the vehicle was 905  $\pm$  85s. Compared to the vehicle group, CGS significantly 215 216 prolonged the period to  $1435 \pm 85s$  (p < 0.001, Fig. 2A), however, SCH-6 and SCH-8 significantly 217 shortened the time to 538  $\pm$  33s and 569  $\pm$  30s, respectively ( $p \le 0.001$ , Fig. 2A), SCH-3 reduced 218 the time  $(759 \pm 50s)$  but there was no significant difference (p=0.101, Fig. 2A). However, there was 219 no difference in the time of LORR between these groups (p > 0.05, Fig. 2B). As a highly selective 220 agonist (CGS) and antagonist (SCH) for A<sub>2A</sub>R, results of the behavioral study indicate that A<sub>2A</sub>R 221 could play a key role in LOC induced by propofol, and its mechanism deserves further study. 222 3.2 Resting state fMRI analysis for the whole brain functional connectivity

The physiology of anesthetized rats was carefully monitored and controlled. All measured physiological parameters are shown to be in the normal range (Table 1). Statistical comparisons show that there were no significant differences in the physiological parameters among the three groups. 227 The resting state fMRI method was utilized to analyze FC in the whole brain of the animals under 228 different chemical treatments. The strength of FC between two different brain regions is illustrated 229 by the color of every cell in the matrix (Fig. 3A-C). For the CGS group (Fig. 3A), 14 pairs of FC in 230 brain regions were elevated and 25 pairs suppressed, compared to the vehicle group (Fig. 3B). In 231 the SCH-6 group (Fig 3C), 12 pairs were elevated and only 1 pair suppressed (correlation between 232 prelimbic cortex and insular cortex) compared to the vehicle group (Fig. 3B). 233 The correlations of FCs in the brain under different drug treatments were collected and illustrated (Fig. 3D–F). As shown in Fig. 3D, 247 pairs were above the central line (y=x) and 131 pairs below 234 235 it ( $R^2$ =0.8158). The results indicate that CGS suppressed FC between brain regions compared with 236 the vehicle group. In Fig. 3E, 126 pairs were above the central line (y=x) and 252 pairs below it 237  $(R^2=0.8854)$ , which means that SCH-6 elevated FC between brain regions compared to the vehicle 238 group. Compared with CGS (Fig. 3F), SCH-6 significantly elevated FC between brain regions (288 points above the central line and 90 points below it,  $R^2=0.7706$ ). Taken together, these results 239 240 suggest that there is an association between  $A_{2A}R$  and FC of brain regions. However, it is necessary 241 to further analyze these results in order to determine the most meaningful brain regions in the next 242 stage of the research.

#### 243 **3.3 Functional connectivity of specific brain regions**

The basal forebrain (BF) plays key roles in controlling sleep and wakefulness, and includes the NAc one of the larger nucleus (Xu *et al.* 2015). Meanwhile, the A<sub>2A</sub>R is mainly distributed in STR and NAc, which were selected as the seed regions of interest (ROIs) and rsFC was analyzed between these brain regions. Thus, to evaluate changes in cerebral activity after treatment with CGS and SCH on the propofol anesthetized animals, the representative seed-based connectivity maps (STR and NAc) were obtained from the vehicle group, and differences between the vehicle and CGSgroups, vehicle and SCH-6 groups are presented in Fig. 4.

251 Consistent with results of the whole brain rsfMRI, the values of FCs in the CGS group were 252 suppressed, including the NAc-cingulate cortex (CG), NAc-dorsal raphe nucleus (DR), NAc-253 periaqueductal gray (PAG) and STR-retrosplenial dysgranular cortex (RSD), except the STR-254 hypothalamus. For the SCH-6 group, FC values of NAc-CG, NAc-DR, NAc-PAG, STR-cortex, 255 STR-thalamus and STR-hypothalamus were elevated compared to the vehicle group. Taken together, 256 these different connections suggest that A2AR affects propofol induced LOC by altering FCs 257 between brain regions, such as NAc-CG, NAc-DR and NAc-PAG. Furthermore, Liang and his 258 colleagues found that the negative rsFC might serve as an important biomarker to help evaluate the 259 functionality of neural circuits by studying the rsFC between the infralimbic cortex and amygdala 260 (Liang et al. 2012). Thus, these three common statistically different neural circuits have important 261 research significance for the next stage.

#### 262 **3.4** *C***-Fos expression**

263 C-Fos is always used as a marker of neuronal activation (Lin et al. 2018). Results show that CGS 264 increased the expression of c-Fos in NAc, while SCH-6 reduced the expression of c-Fos compared 265 to that of pretreatment with vehicle (p < 0.05, Fig. 5A-J). For another region DR, SCH-6 increased the expression of *c*-Fos (p < 0.05, Fig. 6A-J), while CGS had no effect on the expression of *c*-Fos 266 267 compared to that of pretreatment with vehicle (p > 0.05, Fig. 6A-J). Furthermore, CGS and SCH-6 had no effect on the c-Fos expression in neither CG (p > 0.05, Supplemental information Fig. 2A-268 269 J) nor STR (p > 0.05, Supplemental information Fig. 3A-J). Taken together, these results suggest 270 that neuronal activities in NAc and DR could play important roles in propofol induced LOC.

271

#### 272 4 Discussion

The aim of this study was to investigate the important roles played by  $A_{2A}R$  in propofol induced LOC in rats using animal behaviors, rsfMRI and *c*-Fos immunofluorescence staining to screen the relevant brain regions under propofol general anesthesia. Thereby, it could provide an avenue for future research on the mechanism of anesthesia induced by propofol.

Results show that  $A_{2A}R$  agonist CGS significantly prolonged the duration of LOC induced by 277 278 propofol, while A<sub>2A</sub>R antagonist SCH shortened it. Moreover, CGS increased *c*-Fos expression in 279 NAc, while SCH decreased c-Fos expression in NAc and increased c-Fos expression in DR. 280 Furthermore, we also found that CGS suppressed FC between brain regions, while SCH elevated 281 FC in the brain. Compared with the vehicle group, FC of NAc-CG and NAc-DR were common 282 brain regions with statistical differences in FC of the brain regions of the animals among CGS and 283 SCH-3 groups. Taken together, these results indicate the important role of A<sub>2A</sub>R in propofol induced 284 LOC and furthermore, the NAc-CG and NAc-DR neural circuit may be worth of future study to 285 examine the mechanism of propofol induced anesthesia. To the best of our knowledge, this is the 286 first report to explore the influence of  $A_{2A}R$  on LOC induced by propofol using rsfMRI to identify 287 the relevant brain regions.

As a neural sleep factor, adenosine has been widely studied for its contribution to sleepwakefulness states (Porkka-Heiskanen *et al.* 1997; Porkka-Heiskanen *et al.* 2000; Halassa *et al.* 2009; Lazarus *et al.* 2019). During spontaneous sleep-wake cycles, it has been reported that adenosine levels collected from cats using *in vivo* microdialysis were higher during non-rapid eye movement (non-REM, NREM) sleep compared to wakefulness in several brain regions, such as the

293	BF, thalamus and DR (Porkka-Heiskanen et al. 1997; Porkka-Heiskanen et al. 2000). Extracellular
294	studies showed that adenosine reacts with one of four adenosine receptors, including $A_1$ , $A_{2A}$ , $A_{2B}$ ,
295	and A <sub>3</sub> Rs (Fredholm <i>et al.</i> 2011; Fredholm <i>et al.</i> 2001). In contrast to A <sub>2B</sub> R and A <sub>3</sub> R, the expression
296	of $A_1R$ and $A_{2A}R$ appears to be higher, thus these two receptor types could be primarily involved in
297	the sleep-wakefulness regulation (Fredholm et al. 2005). Physical sleep and anesthesia are almost
298	similar on many fronts, including the responsiveness to external stimuli (Nelson et al. 2004), brain
299	electrical activity (Sleigh et al. 1999) and metabolic activity (Alkire et al. 1999). Additionally,
300	adenosine has been reported to have the ability to shorten the onset time and extend the duration of
301	propofol (Kaputlu et al. 1998), similarly the A1 receptor agonist (N6-p-sulfophenyladenosine) has
302	been shown to increase the time needed to recover from halothane anesthesia (Tanase et al. 2003).
303	However, the role of $A_{2A}R$ in affecting general anesthesia and its mechanism remain unclear. As
304	one of the most commonly used intravenous anesthetic in clinical practice, propofol was the target
305	for research in the present study. Results showed that the $A_{2A}R$ agonist prolonged the duration of
306	propofol induced LOC, while the $A_{2A}R$ antagonist shortened it. These observations are in agreement
307	with the abovementioned studies, which indicated the involvement of $A_{2A}R$ in the regulation of
308	propofol. However, the mechanism by which the $A_{2A}R$ agonist prolonged the LOC induced by
309	propofol remains to be further investigated.
310	As a research hotspot in the field of fMRI and a noninvasive technique, rsfMRI has been widely

used for assessing FC between different brain regions, identifying functional circuits, and exploring
the changes in brain functional networks in both humans and animals under different conditions,
including unconsciousness induced by general anesthetics (Biswal *et al.* 1995; Paasonen *et al.* 2018;
Li *et al.* 2018b; Wang *et al.* 2013). An earlier human study indicated that FC between the cortex

315 and subcortical centers significantly decreased under propofol sedation compared to sleep (Li et al. 316 2018b). In addition, results from male adult squirrel monkeys showed that isoflurane decreased the 317 inter-voxel connectivity around seed regions and weakened inter-regional FC across all pairs of ROIs (Wu et al. 2016). Results from the above studies suggest that the LOC induced by anesthetics 318 319 could be related to the decline of brain functional connectivity. In the present study, we found that 320 A<sub>2A</sub>R agonist prolonged the LOC induced by propofol, thus the rsfMRI was utilized to investigate 321 whether there were any changes involved in brain FC. In addition, it is now well established from a 322 variety of studies, that  $A_{2A}R$  are expressed with the greatest abundance in regions of STR and NAc, 323 which were selected as seed ROIs to analyze FC between the brain regions. 324 Results of our study showed that A<sub>2A</sub>R agonist-CGS suppressed the FC of NAc-DR and NAc-325 CG, while A<sub>2A</sub>R antagonist-SCH elevated their FC. Therefore, the changes of FC in NAc-DR and 326 NAc-CG could play important roles in the LOC induced by propofol. It is worth noting that rsfMRI 327 was used to measure functional connectivity across brain regions by detecting the correlations of 328 BOLD signals (Liang et al. 2012), and both animal and human studies have demonstrated that A<sub>2A</sub>R antagonist/agonist exposure leads to constriction/expansion of cerebral vessels and 329 330 reduced/increased cerebral blood flow (CBF) in mainly the A<sub>2A</sub>R distributed region (Pelligrino et 331 al. 2010; Ngai et al. 2001). FC is defined as the correlation between two brain regions to the same 332 time dimension, and  $A_{2A}R$  antagonist/agonist altered CBF in the brain region where the receptors 333 are distributed, and FC of this region with the other brain regions should be decreased due to the 334 altered brain vasculature. However, the changes in FC for agonist/antagonist were opposite in the 335 current study, thus the other influencing factors of FC - neuronal activities could play major roles 336 in changing the FC in these brain regions, which were ascertained by the results of *c*-Fos.

337	C-Fos is used to reflect the activation of neurons (Lin et al. 2018). Previous findings show that
338	perfusing CGS into the subarachnoid space just anterior to the ventrolateral preoptic area increased
339	NREM and rapid eye movement (REM) sleep with a significant increase in c-Fos expression in NAc
340	(Satoh et al. 1999; Scammell et al. 2001). In the present study, CGS also significantly increased the
341	expression of $c$ -Fos in NAc, while SCH-6 decreased the expression. These observations are in line
342	with the above mentioned studies, which indicated that $A_{2A}R$ could modulate the activities of
343	neurons in NAc, thereby affecting the LOC induced by propofol. The region of NAc located in the
344	ventral striatum, is one of the forebrain nuclei playing a major role in the sleep-wake cycle control
345	(Lazarus et al. 2012), possibly by inhibiting wake-promoting nuclei in the brainstem and the
346	hypothalamus (Sardi et al. 2018). The DR, located in the brainstem and containing almost 50% of
347	serotonergic (5-HT) neurons in the brain (Zhang et al. 2012), is involved in several functions,
348	including sleep, temperature regulation, stress responses, and anxiety behaviors (Hernandez-
349	Vazquez et al. 2019). A study by Cui and colleagues showed that the application of CaCl <sub>2</sub>
350	significantly increased c-Fos expression of 5-HT neurons in DR by promoting waking in rats (Cui
351	et al. 2016). Results from recent research indicate that isoflurane anesthesia inhibited 5-HT neuronal
352	activity, as illustrated by the decrease in the number of c-Fos-immunoreactive serotonergic neurons
353	compared to the control group (Yang <i>et al.</i> 2019). In our study, compared to the vehicle group, $A_{2A}R$
354	antagonist shortened the duration of propofol-induced LOC by significantly increasing c-Fos
355	expression in DR. These results are in agreement with the abovementioned studies indicating that
356	neurons in DR play an important role during sleep wakefulness procedures. A2AR agonist prolonged
357	the duration of unconsciousness induced by propofol, but there was no statistical difference in c-
358	Fos expression compared to the vehicle group. These results are interesting and explainable. A

possible explanation for this might be the administration of a larger induction dose of propofol (15mg/kg, IV), which severely suppressed the expression of *c*-Fos in the vehicle group (as shown in Fig. 5). Although CGS prolonged the time of LOC induced by propofol, the expression of *c*-Fos cannot be further reduced due to the presence of the "floor effect".

363 NAc consists of two types of neurons, including GABAergic projection neurons and interneurons, of which GABAergic projection neurons are divided into enkephalinergic and dynorphinergic 364 365 neurons. A<sub>2A</sub>R is mainly expressed in GABAergic enkephalinergic neurons and associated with the 366 indirect efferent pathway of the basal ganglia system (Schiffmann et al. 2007; Ferre et al. 2007). 367 Therefore, the projected target region of NAc neurons does not only represent the region projected 368 by NAc  $A_{2A}R$  neurons. As Cre-LoxP technology is widely used to trace specific types of neurons, projected brain regions of A<sub>2A</sub>R neurons in NAc were tracked, including STR, ventral tegmental 369 370 area (VTA) and DR (Zhang et al. 2013). It is worth noting that the projection between NAc and DR 371 is not to a single direction. Muzerelle and colleagues confirmed that 5-HT neurons in the DR could 372 project to multiple brain regions, such as the hypothalamus, STR, VTA and NAc (Muzerelle et al. 373 2016). Based on the above-mentioned research and the results of the rsfMRI and c-Fos staining in 374 the current study, the connection or interaction between NAc and DR may play a key role in the 375 LOC induced by propofol and is worthy of further research.

Several limitations are worth noting. First, female rats were only utilized as experimental subjects based on the latest research results (Shansky 2019), but the effect of sex on results is not clear and is worth studying in the future. Second, we did not use electroencephalogram (EEG) to monitor the level of consciousness of rats in the experiment due to the limited experimental conditions. Third, neuronal activities were detected with *c*-Fos expression in different brain regions, and the type of

381	neurons should, therefore, be identified in future. Fourth, although CGS21680 has been introduced
382	as a selective and potent adenosine A2 receptor agonist with approximately 140-fold selectivity for
383	$A_2$ over $A_1$ receptors in the rat brain (Hutchison <i>et al.</i> 1989), its effect on the $A_1$ receptor does exist.
384	Moreover, A1R activation causes profound sedation (Dunwiddie & Worth 1982) and increases the
385	duration of LOC induced by halothane anesthesia (Tanase et al. 2003). In this study, the effect of
386	$A_1R$ activation induced by CGS21680 could not be completely excluded. Thus, the difference in
387	activation of $A_1R$ and $A_{2A}R$ induced by CGS 21680 and the duration of propofol-induced LOC
388	should be further investigated.

389

### 390 **5 Conclusion**

The present study was designed to determine the effects of A<sub>2A</sub>R on propofol induced LOC and the 391 392 brain regions that may be involved. The results of this investigation show that A2AR agonist 393 inhibited FC between NAc and DR, increased *c*-Fos expression in NAc, and prolonged the duration of unconsciousness induced by propofol, while the A2AR antagonist had the opposite effect. These 394 395 findings have significant implications for our understanding of the role played by A<sub>2A</sub>R in propofol induced LOC. Considerably more work will need to be done in order to determine whether 396 397 neurons in NAc and DR or their connectivity are involved in propofol induced LOC or even general 398 anesthetic.

399

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406	
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408	The authors declare no competing financial interests.
409	
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- 579

#### **Figure legends**

- **Fig. 1** A time-line diagram of the research design. (A) Seven days' following habituation, tail vein catheterization was performed under isoflurane anesthesia. 10 minutes later, rats were injected with vehicle, SCH or CGS (*i.p.*). After 15 minutes, rats were given propofol (*i.v.*), followed by recording the duration of LORR and RORR. (B) RsfMRI scanning and physiological monitoring were performed after the propofol injection, and *c*-Fos staining was executed 2 hours after vehicle, SCH or CGS administration.
- **Fig. 2** CGS increased the time of RORR, while SCH decreased it. Comparisons of RORR (A) and LORR (B) of rats in different groups CGS (2.5mg/kg), SCH-3 (3mg/kg), SCH-6 (6mg/kg), SCH-8 (8mg/kg) and vehicle groups (n= 8 per group). "n" indicates the number of rats included. Note: The data is plotted as the mean  $\pm$  standard error of the mean for each group, \*\*\*p<0.001 vs vehicle group.
- Fig. 3 The FC matrices in the whole brain for different groups (A-C) and the scatter plots of FC between two different groups (D-F). Note: A-CGS; B-vehicle group; C-SCH-6; # or \*: elevated or suppressed FC values compared with FC in the vehicle group (t-test, p < 0.05, false discovery rate corrected, n= 8 per group). "n" indicates the number of rats included. Abbreviations of brain regions-Hb, Habenula nucleus; NAc, nucleus accumbens; Str, striatum; Tu, tubercle olfactory; Prc, prelimbic cortex; CG, cingulate cortex; PiC, piriform cortex; SC, somatosensory cortex; AUC, auditory cortex; DB, diagonal band; AM, amygdala; SP, septum; IC, insular cortex; SN, substantia nigra; PO, preoptic nucleus; VTA, ventral tegmental area; PrhC, perirhinal cortex; Ect, ectorhinal cortex; EnC, entorhinal cortex; RC, retrosplential cortex; MC, motor cortex; RE, reticular nucleus; DR, dorsal raphe nucleus; HTh, hypothalamus; ThM, thalamus.</p>
- Fig. 4 The whole brain functional connectivity of specific brain regions (NAc and STR). Note: Maps of correlation coefficients are overlaid on T2-weighted anatomic images; the statistical comparison was performed with voxel-wise t-tests (*p*<0.05 with false discovery rate correction, n= 8 per group). "n" indicates the number of rats included. Distances to Bregma (mm) are labeled at the bottom of each image. The larger |t| indicates more variation.</li>
- Fig. 5 Effects of CGS/SCH-6 on c-Fos expression in NAc (from bregma 1.8mm). Note: A-I: Representative microphotographs of c-Fos expression (green) and DAPI (blue) immunofluorescence staining in NAc; B–C, E–F, and H–I: the magnified images of the boxed areas in A, D, and G, respectively, and scale bar=200  $\mu$ m. J: Statistical analysis of c-Fos expression in NAc (Mean ± S.E.; n=3 per group). "n" indicates the number of animals included. NAc, nucleus accumbens; \*p<0.05 vs vehicle group; LV, Lateral ventricles.
- Fig. 6 Effects of CGS/SCH-6 on c-Fos expression in DR (Dorsal raphe nucleus, from bregma 7.92 mm). Note: A-I: Representative microphotographs of c-Fos expression (green) and DAPI (blue) immunofluorescence staining in DR; B–C, E–F, and H–I: magnified images of the boxed areas in A, D, and G, respectively, and scale bar=200 μm. J: Statistical analysis of c-Fos expression

in DR (Mean  $\pm$  S.E.; n=3 per group). "n" indicates the number of animals included. \* $p \le 0.05$  vs vehicle group; Aq: aqueduct.